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Your essential daily news | MONDAY, MAY 11, 2015 High 14°C/Low 2°C Sun and clouds

FLAMES FINISHED

The game-winning goal is scored past Calgary Flames goalie Karri Ramo in overtime during Game 5 of the Western Conference Semifinals, Sunday, at the Honda Center in Anaheim, Calif. The Flames' season came to an end with the 3-2 loss to the Anaheim Ducks. More in metrosports. CHRIS CARLSON/THE ASSOCIATED PRESS

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metro NEWS
Your essential daily news

Obama thrills single mom in Florida with surprise Mother's Day call.

Secondary suites set to take centre stage at council again

HOUSING

Citizen groups disagree on city's perennial controversy

Robson Fletcher
Metro | Calgary

Eleven Calgarians will stand before the mayor and city council Monday to ask for the legal right to build a secondary suite in an area where doing so is currently against the law.

Each month typically sees a handful of suite applications come to council. Monday's meeting will mark one of the longer exercises in decision-making that see a council of 15 people — earning $1.83 million in annual salary, between them — painstakingly weigh the pros and cons of allowing a separate entrance and kitchen to be built in one of hundreds of thousands of homes in a city that sprawls over some 825 square kilometres.

And afterwards, if they have time, the mayor and council will vote on a proposed faster way to accomplish this task: a new bylaw that would broadly legalize secondary suites in the inner city, including all of Wards 7, 8, 9 and 11.

Greg Miller, a member of Calgarians for Secondary Suites, is in support of the bylaw.

"I think it's ironic that the day before they consider that, there will be yet another parade of people being dragged through council to get something approved that really is a basic property right," he said.

Doug Ratke, however, sees it differently. The president of the Riverbend Community Association is part of a relatively new group of Calgary residents calling themselves NOT4RZ (Not for Rezoning) that is raising questions about just how thoroughly city staff members have thought this new bylaw through.

Ratke said questions remain unanswered about how the proposed changes would address unsafe and illegal suites and whether the new approval process that bypasses council would adequately empower affected neighbours to voice concerns about a proposed development.

"If we were fixing up our house and we went to the city with as little details on what we were doing, the city would laugh us out of our offices," Ratke said. "They'd say, 'You come back when you're better prepared.' And so we're just trying to hold them to the same standard."

Coun. Druh Farrell, who initially proposed last year the idea of using these four wards as a test case, said Sunday the bylaw was no small undertaking, noting council issued specific instructions to city staff last December on what they'd like to see in it.

"They've done a huge amount of work at considerable expense because of how definitive that direction was," she said. "We'll see if it goes through, but it would be very disappointing if we put them to this much work for naught."

Coun. Joe Magliocca has often opposed individual secondary suites but said last September he would support a proposal for legalizing them in the four wards as long as it didn't include a provision to also allow them within a certain radius of bus rapid transit stations.

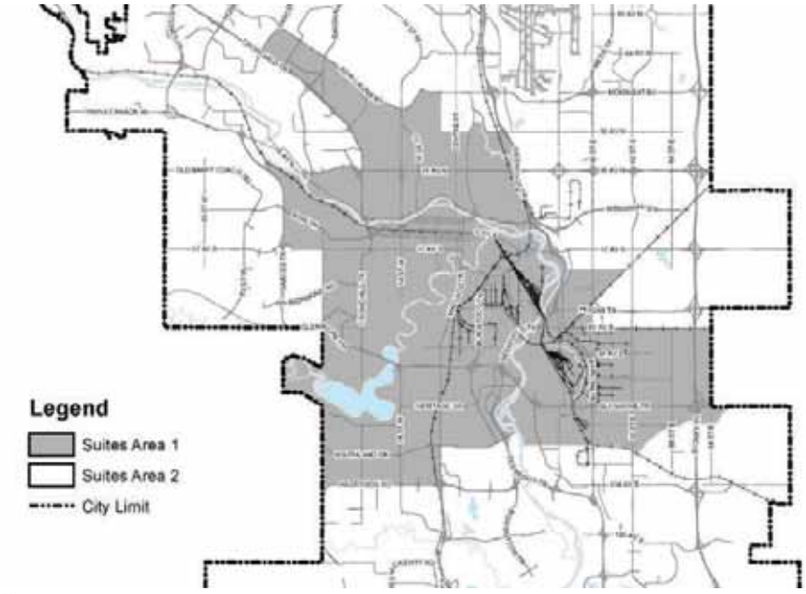
The Ward 4 councillor struck a slightly more oppositional tone Sunday, however.

"I've received numerous, numerous emails from (community) associations and other folks and they do not want to do blanket rezoning," Magliocca said.

He also noted there are numerous areas in the city where suites are allowed and said it's "just wrong" to change the land-use zoning in existing neighbourhoods when many people deliberately bought homes in those areas because secondary suites are prohibited.

That said, Magliocca noted he hadn't decided how he'll vote.

"I'm going to listen to all the facts … and we'll take it from there," he said in an interview Sunday.



This map shows, in grey, where secondary suites would be broadly legalized under a proposed bylaw. Existing land-use rules would remain the same in the rest of the city. COURTESY CITY OF CALGARY

44%
The proportion of lots in Ward 7 (8,543 in total) that currently do not allow for secondary suites but would under the new bylaw.

38%
The proportion of lots in Ward 8 (3,380 in total).

42%
The proportion of lots in Ward 9 (8,394 in total).

76%
The proportion of lots in Ward 11 (15,078 in total).

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ANIMAL SERVICES

Small dogs killed by pit bull-type dogs in separate incidents

Calgary bylaw officers are seeking two pit bull-type dogs believed to have killed two smaller dogs in a pair of similar, but unrelated, incidents over the weekend.

The first incident happened Saturday night in the community of Martindale when a woman was out walking two "bichon-Shih Tzu-type dogs" on leash and was approached by a much bigger dog that was roaming at large, said Alvin Murray, operations manager for animal and bylaw services.

"The pit bull dog that was at large attacked one of her dogs," Murray said.

The small dog was rushed to a vet clinic where the decision was made Sunday morning to euthanize the animal due to the severity of its injuries.

The second incident happened Sunday afternoon in the Skyview Ranch area, according to investigators, where a smaller dog approached a pit bull-type dog that was being walked on leash.

"The small dog — again, a bichon-Shih Tzu type — was off leash and ran up to the big dog," Murray said. "The big dog then attacked the little one."

That dog was also later euthanized in a vet clinic.

Bylaw officers were continuing to investigate both incidents Sunday evening but had yet to apprehend either pit bull-type dog, Murray said.

"If we find the dogs, because they caused death to another animal, they will be seized," he said.

The dogs would then undergo behaviour testing before animal and bylaw officials decide what to do with them.

As the weather improves and more people and dogs are heading outdoors, Murray reminded Calgarians to follow the city's responsible pet ownership laws.

"We're really looking to people to make sure they have control over their animals," he said.

"When they're supposed to be on leash, have them on leash, and, if you're in an off-leash (area), make sure the dog is still under control.

"Off-leash does not mean that the dog can run around and do whatever it wants. It still has to be under the control of the owner."

ROBSON FLETCHER/METRO

> **If you're in an off-leash (area), make sure the dog is still under control. Off-leash does not mean that the dog can run around and do whatever it wants. It still has to be under the control of the owner.**
>
> Alvin Murray, animal and bylaw services

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This is one of seven parking zones dedicated to motorcycles and motor scooters open in downtown Calgary from May to September. ROBSON FLETCHER/METRO

Motorcycle-only parking opens

CPA

Using stalls frees up space for cars, says parking boss

Calgary's parking boss is reminding motorcyclists that dedicated and discounted parking zones for their two-wheeled vehicles are now open on downtown streets.

"Motorcycles are a big part of the transportation network — I ride one, myself — and it's a great way to reduce the load on the network," said Mike Derbyshire, general manager of the Calgary Parking Authority.

Having motorcycles and motor scooters park in the specialized zones — open from May through September each year — also helps "free up space for people who have to drive a car" downtown, Derbyshire added.

"They're specifically for motorcycles because they're smaller, of course," he said of the specialized stalls on seven downtown blocks.

ZONES

Where to find motorcycle parking zones:

- 200 block of 4 Street SW, east side.
- 200 block of 3 Street SW, east side.
- 600 block of 4 Avenue SW, south side.
- 400 block of 1 Street SE, west side.
- 800 block of 7 Street SW, west side.
- 800 block of 3 Street SW, west side.
- 700 block of 2 Street SW, west side.

Daytime rates in the motorcycle zones run $2.50 an hour on weekdays and 75 cents an hour on Saturdays. There's no charge on Sundays or holidays.

The seasonal opening of the motorcycle stalls comes as parking along six blocks of 12 Avenue South is temporarily restricted for construction of the Centre City Cycle Track Network.

Until May 18, no parking is permitted on either side of 12 Avenue between 11 Street SW and 5 Street SW as the city builds a separated bike lane on that stretch of roadway as part of the larger network set to open in June.

Parking will be restored along much of 12 Avenue once the construction is complete, according to the city's cycling coordinator, Tom Thivener, who said there will be a small amount of ground-level separation to prevent motorists from parking too far into the cycling lane, which is mostly delineated by painted lines and "flexible bollards."

"There will be a kind of parking curb stop running between the white lines that will be pinned down into the asphalt so that you technically have something to park your front wheel up against," Thivener said.

"The flexible delineators will be on top of the temporary curb."

The CPA also has 65 stalls dedicated to motorcycles in its parkades, but all are currently reserved on a monthly basis and there is a waiting list, Derbyshire said. ROBSON FLETCHER/METRO

CRIME

Persons of interest, but no suspects yet in Newman death

Calgary police said over the weekend they're investigating several persons of interest in relation to the death of Jessica Newman, which has been ruled a homicide.

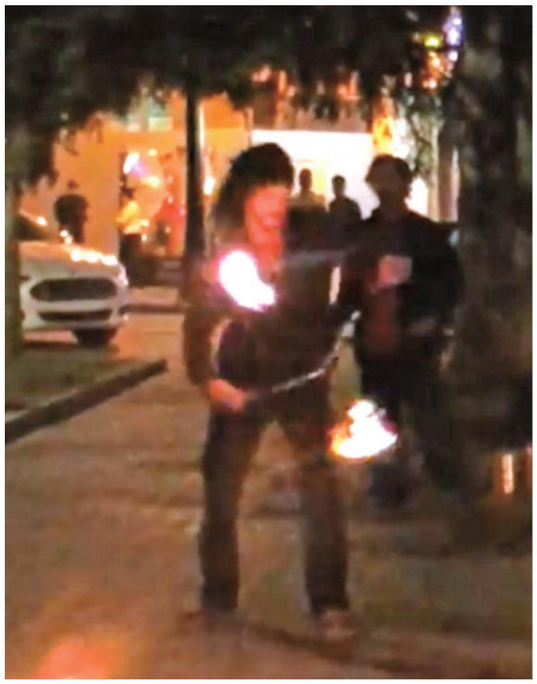
Newman's body was discovered in a ditch just east of Airdrie on May 4. She had been missing since March 10.

None of the persons of interest were yet considered suspects, Sgt. John Hebert said Saturday.

Newman's mother, Rhonda Stewart, said the loss of her daughter has been extremely challenging but she hopes confirmation Newman was murdered will provide police with information that could help solve the case.

"I've had a few days to absorb this, but I'm really happy that they're on this and that they've got a direction," Stewart said Saturday.

Anyone with information about Newman's disappearance or death is asked to contact the police homicide tip line at 403-428-8877 or Crime Stoppers to report the information anonymously. MORGAN MODJESKI/METRO



Greg Morton was in the middle of a fire dancing performance last Tuesday night at the Red Mile when he caught fire. YOUTUBE

Fire dancer in hospital after mishap

HEALTH

Photographer suffered severe burns at Red Mile shoot

Anna Brooks
Metro | Calgary

Whipping around hot balls of fire at high speeds isn't something that typically makes a fire dancer sweat.

It's a different story if they've caught on fire.

Second-degree burns on his hands and torso sent Greg Morton to the Foothills Medical Centre after he caught on fire during a fire dance performance on the Red Mile last Tuesday.

Lenora Kingcott, one of the owners at Life Photo Studios where Morton has worked part-time as a freelance photographer for five years, said the incident happened when Morton was relocating their setup.

With high winds and spitting rain, Morton didn't notice at the time some highly flammable liquid slop on his clothes while moving containers from one area to another.

"He said sometimes when he's performing he'll get a little lick of fire on him, but he just brushes it away," Kingcott said. "This time he realized it wasn't going to go away."

Kingcott said Morton's hands were severely burned after trying to pat out the fire on his torso. Fire dancing for 12 years, Kingcott said Morton always follows proper safety protocols.

"He's kind of a safety nerd," Kingcott said. "They know how dangerous it is and take it so seriously. This was just a very unfortunate accident."

Kingcott and Life Photo Studios are now rallying the Calgary community together to raise funds for Morton's recovery.

"He definitely has substantial lost income," she said. "Now he's lost the ability for some time to use that right hand and as a photographer, that's what you need."

DONATIONS

Recovery contributions
To donate or support Greg Morton, please visit: gofundme.com/gregs-recovery.

DEVELOPMENT

N3 condo vote looming

Robson Fletcher
Metro | Calgary

Calgary's first proposed condo development that includes no parking is set to be approved or rejected by city council this week.

Dubbed "N3," the project beside the St. Louis Hotel in East Village would include 300 small units, fully furnished, averaging around $225,000 each.

Developer Knightsbridge Homes has said foregoing parking stalls saves about $70,000 on the purchase price of each unit but would require a "100 per cent relaxation" of the city's normal parking requirements for such developments.

The first-of-its-kind project has been the subject of controversy but Coun. Druh Farrell noted Sunday the written public submissions to be presented to council are almost "universally" in favour of the development.

CRIME

Two arrested at LRT station after stabbing

Calgary police arrested two people following a stabbing that sent a woman to hospital in life-threatening condition over the weekend.

Det. Jack Russell said officers were called to a fight between two women on the 500 block of 17 Avenue SW at around 4:15 a.m. Saturday that resulted in one of the women suffering stab wounds.

Police later took a man and a woman into custody at the Stampede LRT station, Russell said.

The victim was taken to hospital where her condition was later upgraded to stable.

Anyone who witnessed the fight is asked to contact the Calgary Police Service at 403-266-1234 or Crime Stoppers to report the information anonymously.

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Bridging mind and flesh

ARCHEloft

Tech, sculpture help bring alien world to life in the real world

Anna Brooks
Metro | Calgary

Aliens and art — those aren't two words you see paired together often.

But for local artist Cameron Farn, those concepts go hand-in-hand.

Almost 200 hours went into the five-foot-tall character sculpture sitting in ARCHEloft for the World of Red Sands Alien Exhibit, a sculpture that Farn hopes will give viewers a better understanding of a world he is novelizing.

"There was so much work going into just the conception of this world," Farn explained. "It was worth it to show people through an exhibit how it's developed and share techniques so people can build their own characters."

Cameron Farn works on one of his large sculptures on display at ARCHEloft. CONTRIBUTED

Working with writer Alberta Woo, Farn has taken all his sketches created over the past 10 years and loaded them into a 3D computer program. Farn said he is then able to create a final, physical sculpture from the digital model.

> **I like art that ... has a connection to community.**
> Local artist Cameron Farn

With Farn focusing on the artistic aspects of the project, Woo is busy developing Farn's art pieces into short stories and what will eventually be a novel.

"This sort of back-and-forth growth to a project I don't think is normally taken on by creators," Farn said. "It's been difficult and challenging but very rewarding."

Farn said that the exhibition being showcased in ARCHEloft isn't just to impress audiences with his large-scale pieces — Farn is working on two more that range from eight to 12 feet in length — but also to physically incorporate viewers into his story.

"It really gives people an idea of the characters.... They're really strange, and you almost need a visual to understand some of the descriptions in the book," Farn explained. "I like art that tells a story and has a connection to community."

DETAILS

The World of Red Sands exhibit is accompanied by workshops hosted by Cameron Farn and runs until June 5 at ARCHEloft, located at #200 1209 1st Street S.W.

ENVIRONMENT

Cash to help heal Calgary's canopy

Tree Canada is eager to help Calgarians repair and replace their wood wonders.

On Saturday, Tree Canada announced that its Alberta Urban Forest ReLeaf program would provide $83,000 in new funding to help replace trees destroyed by a "freak snowstorm" this past September, alongside damage caused by flooding in 2013 and 2014.

The announcement was made at the city's annual Disaster Alley event on emergency preparedness. Funding came in part from Telus and the province.

"Tree Canada is determined to help the city of Calgary and entire province of Alberta grow better places to live by investing in the urban tree canopy and returning it to its former glory," said Michael Rosen, president of Tree Canada, in a statement.

Residents whose trees were killed by the floods or snowstorm can apply for a rebate of up to $500 off the cost of a landscaped tree. METRO

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THEFT

Royal Canadian Circus pleads for return of 'invaluable' items

Calgary police still have little to go on regarding the whereabouts of the contents of a utility van stolen from the Royal Canadian Circus grounds Friday afternoon.

Witnesses told police they saw a red or maroon truck leaving the Crossroads Furniture Gallery parking lot, where the circus is hosting shows over the next week in Calgary.

So far that scant description is the only thing police have to work with in their investigation.

Cathy Sproule with the Royal Canadian Circus said the troupe had barely arrived in Calgary on Friday when Rick Wallenda of the famous Flying Wallendas act discovered his utility trailer and all its contents were missing.

While the trailer was recovered only four blocks from the grounds, Sproule said Wallenda was crestfallen when he discovered everything in the trailer — costumes, an assortment of historical items and a treasured bicycle built by his uncle — had been stolen.

The Royal Canadian Circus continues with its shows in Calgary despite having a trailer full of costumes and historical items stolen Friday. FACEBOOK

"If Rick had a choice between the trailer or its contents, he would have taken the contents because they're invaluable," Sproule explained. "Even just basic things like his shoes were gone.... He had to work in socked feet yesterday, which is dangerous."

> **Even just basic things like his shoes were gone.... He had to work in socked feet yesterday, which is dangerous.**
> Cathy Sproule with the Royal Canadian Circus

Sproule said the circus troupe is desperately searching around the city for the lost items and is asking any members of the public with information to send tips their way.

ANNA BROOKS/METRO

David Chalmers hopes to build up a list of arborists willing to give him and his partner Lindsay Gurevitch a call when a tree in Calgary is set to fall. HELEN PIKE/ METRO

If a tree falls in the city, call this guy

FUTURE THINKING

Tree hunters hope to save green resource from landfill

Helen Pike
Metro | Calgary

If there's a tree coming down in Calgary, chances are David Chalmers and Lindsay Gurevitch are gearing up to haul the ancient beast to safety — continuing life as slabs of a beautiful natural resource — instead of ending up mulched and in a landfill.

You could call them tree hunters. Waiting and watching — hoping to save the tree from waste.

"You've got this great resource to build with, and it's here in Calgary — everybody wants green, everybody wants something sustainable, and it doesn't get any greener than this," Chalmers said.

Chalmers and Gurevitch have been building relationships with arborists like Precise Pruning, hoping they will let him salvage trees destined for landfills, so he can dry them out and use them for furniture, building or other projects.

"We've been cold calling like 18 arborists in town," Chalmers said.

"There's a lot of value in the arborists. I'm taking anywhere from four to 15 thousand pounds of waste off their hands … it's a big win."

He's even invested in a picker truck to haul the massive trunks — but it's not a business yet. Right now, Chalmers saves the trunks just outside of Calgary with hopes that someday someone can use them.

"The idea is we're just harvesting, we're storing and drying," Chalmers said. "What we're looking at doing is setting up a large-scale solar air drying operation … we're looking at six to 10 months turnaround on a product."

> **"You've got this great resource to build with, and it's here in Calgary — everybody wants green, everybody wants something sustainable, and it doesn't get any greener than this.**
> David Chalmers

Gurevitch said the ideal situation would be no tree coming down, but they do want to be the first people called when and if a tree in Calgary is felled.

"There is a use and a purpose — a something else — other than landfill, that has so much potential," she said.

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ELECTION

Tory Ian Donovan concedes after recount

One of the 11 former Wildrose members who crossed the floor to join the Tories has conceded defeat in this week's provincial election.

Initial results of voting in Little Bow showed Wildrose candidate Dave Schneider beat incumbent Ian Donovan by 12 votes, but on Friday Donovan conceded after a recount, saying fewer than 10 votes actually made the difference.

In a Facebook post, Schneider called it "an emotional roller-coaster," adding he's looking forward to the Wildrose caucus meeting on Monday.

Donovan crossed the floor from the Wildrose to the Tories along with Kerry Towle, just weeks before former leader Danielle Smith and a handful of others did the same.

Elections Alberta is set to release the official results of the provincial election on May 15, including the outcome of the race in Calgary Glenmore, which ended in an unofficial tie.

Drew Westwater, Elections Alberta spokesman, says returning officers are conducting the official count of ballots in all 87 constituencies. He says the official count is standard in Alberta and is used to confirm the results that were announced Tuesday night.

Westwater says Elections Alberta will automatically apply to the court for a judicial recount if there is still a tie in Calgary Glenmore after the numbers are verified.

THE CANADIAN PRESS

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Newly-minted MLA-elect Thomas Dang, 20, from the Edmonton-South West riding, is the youngest elected official at the legislature. CONTRIBUTED

NDP rookie Dang gets sage advice

POLITICS

Ex-PC minister passes on his wisdom to new kid on the block

The man who was the youngest member of Peter Lougheed's first cabinet when the Progressive Conservatives came to power in Alberta has some advice for the NDP's rookie members of the legislature.

Work hard at learning your job. Trust the public service. Be ethically clean.

And don't forget to breathe.

"I felt numb. I could hardly breathe," Allan Warrack remembers about walking into the legislature in 1971 for the first time.

The Tories had just pushed the Social Credit out the door after 36 years in power.

"On one hand, I was so excited, and on the other hand, disbelieving that this was really happening. I didn't know where my office would be or any of that stuff."

I felt numb. I could hardly breathe.

Allan Warrack, on his first time entering the legislature

Warrack, 77, a retired University of Alberta professor emeritus, has already had lunch with Thomas Dang, who at 20 will be the youngest member of the NDP caucus.

Warrack says he wanted to share with the computer-science student what it was like when Warrack was the new kid on the block — a 34-year-old academic who grew up on a farm.

"I said to him, 'You're young. People will expect you to be a smart-alec, so don't. Be unfailingly polite to anyone, anywhere, so they can trust you and say things to you and help you in ways that they won't if they don't trust you.'"

He also told Dang to meet lots of people, to remember names and to listen carefully to other points of view with an open mind.

Above all, he told him, let absolutely nothing get in the way of your integrity.

"I wanted to catch him right from the get-go before everyone was running over him like a truck."

THE CANADIAN PRESS

Notley knew a week before win

ALBERTA ELECTION

Poll results alerted NDP to be ready to govern

Rachel Notley knew a week before voting day that she was going to shatter the Progressive Conservative dynasty and become Alberta's 17th premier — and it hit her like a punch in the stomach.

She was in a hotel room that night on the campaign trail in Calgary or Lethbridge — she doesn't remember where — when she saw a new poll that put her NDP team well out in front.

It wasn't one of those angry-person punch-button polls, but one that was expansive and credible.

Her advisers had handed it to her hours earlier, but only now did she have time to analyse it.

And there it was, shining through lines of impersonal data.

She was going to win.

"I suddenly realize that this could happen," said Notley in an interview with The Canadian Press.

"My stomach gets very sore and suddenly I go, 'Oh my Lord. We have so much to do.'"

She remembers pacing in the empty suite. What to do? What to do? She dialled up her husband, Lou, and started talking.

Rachel Notley addresses the media in front of her caucus in Edmonton, Saturday. JASON FRANSON/THE CANADIAN PRESS

> **I suddenly realize that this could happen.**
> Rachel Notley

The plan had been to run 18 hours a day in the last week of the campaign, then collapse in exhaustion on polling day.

At this rate, Notley feared, the day after the vote Canada would wake up to a frazzled hollow-eyed husk of a new Alberta leader nodding off at the podium.

"You've got to talk to your people," she remembers Lou telling her.

Notley phoned up her campaign director Gerry Scott and told him, "We need to pull out of a bunch of different events and start planning transition."

It was an election campaign that saw Notley, 51, lead the NDP to a 53-seat majority after the party had only nibbled at the fringes of power for almost its entire history.

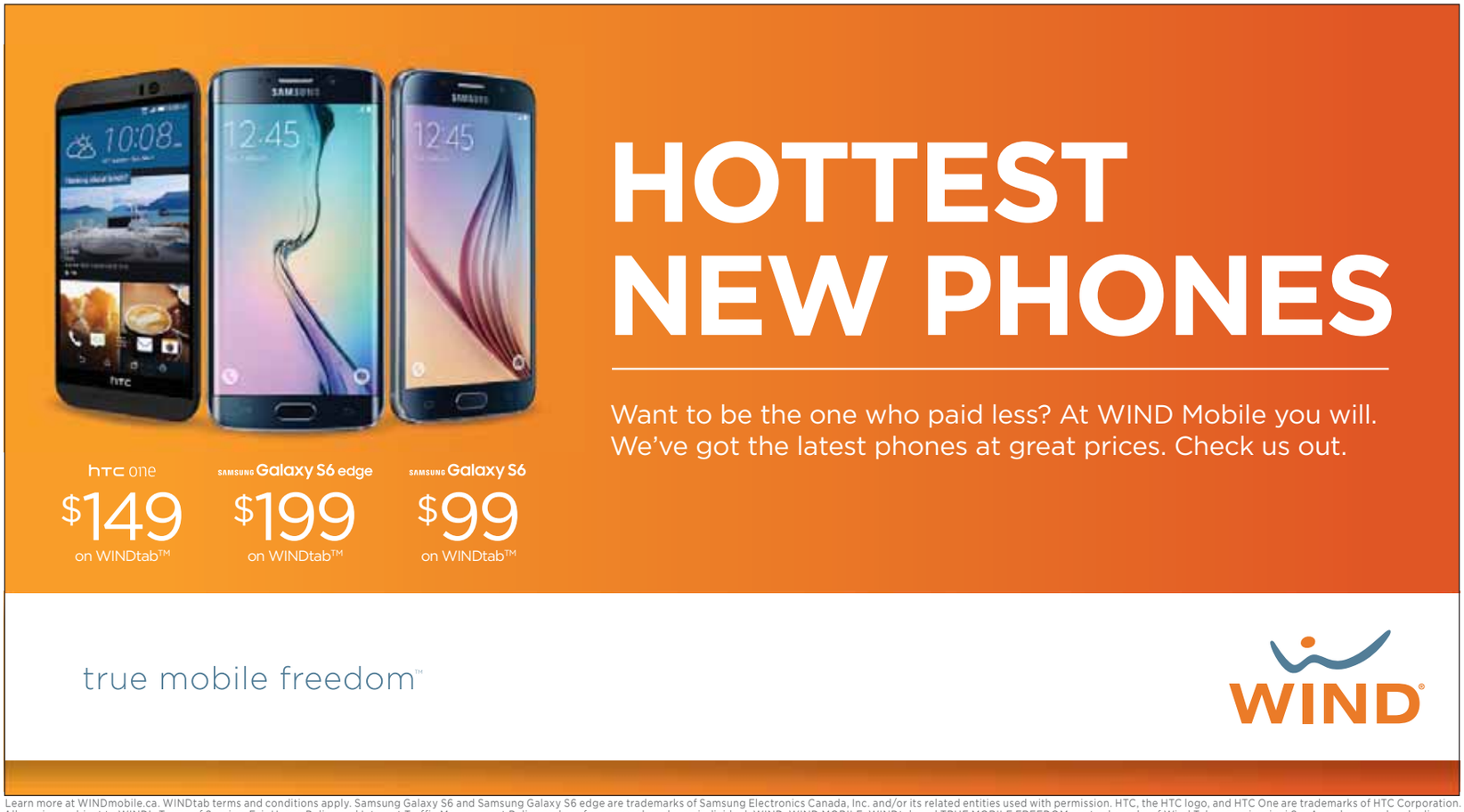
It was a bravura performance considering how downright petrified Notley admitted she had been — the glaring spotlight, hundreds of thousands of viewers watching her every move.

On election night, Notley, her family, and her advisers were in an Edmonton hotel room while supporters, clad in orange, assembled in the party room below.

Notley practised going through the last few paragraphs of her victory speech, recognizing the contributions of her now-departed parents. Her father Grant Notley was a one-man Alberta NDP team in the 1970s, keeping the movement alive only to die in a plane crash before the party broke through with 16 seats and official opposition status in 1986.

"We decided to move (the parents' tribute) to the very end, so if I did choke up, (the speech) was over," she said.

THE CANADIAN PRESS



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A top runner heads for the finish line after burning through the five-kilometre race at Sunday's Sport Chek Mother's Day Run, Walk and Ride. ANNA BROOKS/METRO

On the move for mom

MOTHER'S DAY

Fundraiser fetches money for city's hospitals

Anna Brooks
Metro | Calgary

Thousands of walkers, runners and bikers paraded around Chinook Centre in celebration of moms everywhere Sunday morning.

Amanda Stewart said she decided to get her family involved in the Sport Chek Mother's Day Run, Walk & Ride to show her support for another family who went through a recent tragedy.

"Our friend's son died, so we thought we'd do it for him this year," Stewart said. "We wanted to come out and have some fun and have our own boys understand who we did this race for."

Father Dylan Riley said it was also his first time participating in the race, and it was a great chance to spend some one-on-one time with his kids while getting in some quality exercise.

"It was awesome," Riley said. "I decided to join so I could take the kids out and let mom sleep in a little bit. Then we're going to head home and make her a nice breakfast."

The day also paid homage to John Forzani, founder and supporter of the event for almost 34 years, who died after a heart attack last October. The event continues to be supported by The Forzani Foundation, and this year's race remembered the Calgary philanthropist with a tribute video beforehand.

Money raised help fund various programs at all of Calgary's hospitals.

With more than 22,000 participants and volunteers involved in the race last year, the annual event hosted in Calgary and Edmonton is one of the province's largest family fundraisers.

Niki Dickinson and her two daughters, Hailey, left, and Stella, pull into the finish line at this year's Sport Chek Mother's Day Run, Walk & Ride. ANNA BROOKS/METRO

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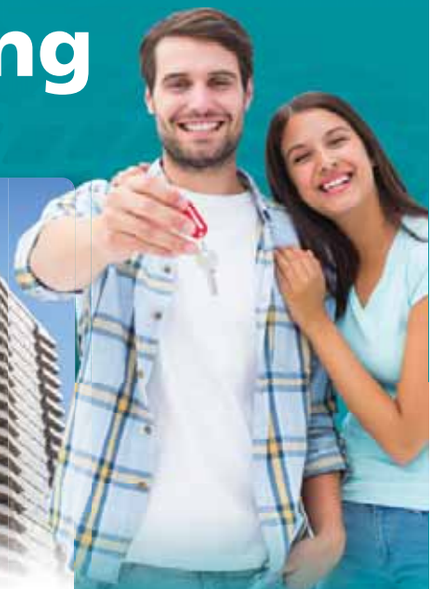

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Cyclists walk their bikes through the finish line at the Sport Chek Mother's Day Run, Walk & Ride on Sunday morning. ANNA BROOKS/METRO

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Border agency sees sharp rise in currency seizures

CRIME

Number of confiscations increased 28% in 2014 alone

The number of people stopped by border officials and found with undeclared cash at border entries is on the rise as Ottawa steps up efforts to crack down on money laundering by criminal and terrorist groups.

Last year alone, Canada Border Services Agency (CBSA) reported 1,429 seizures and confiscated $24.5 million, amounting to a 28 per cent increase from 2013 when $19 million was seized in 1,117 incidents. In addition to the undeclared cash seized, CBSA also took possession of $3.7 million in suspected proceeds of crime last year, twice the amount from the year before.

The money, if the seizure is not appealed by the owner, is forfeited to the Crown as government revenue. According to data obtained by Torstar News Service, Ontario, especially Greater Toronto, is the epicentre of these activities, with travellers in and out of the province accounting for $8.7 million and $9.6 million of the seized currencies in 2013 and 2014 respectively.

Meanwhile, Ontario also got a lion's share of the suspected proceeds of crime confiscated, $848,979 and $2.4 million in the two years.

"Money laundering and terrorist financing are international problems. Money laundering in Canada alone is estimated to be in the billions of dollars," said CBSA spokeswoman Wendy Atkin. "While currency seizure statistics vary from year to year, the CBSA can tell you that its officers are committed to enforcing Canadian legislation … as it applies to the border."

While observers believe China's crackdown on corruption in recent years may have contributed to the inflow of so-called "dirty money" into Canada, ignorance and misconception among Canadians also plays a role in people not declaring the amount of cash they carry through the border.

With tightened financial regulations in reporting irregularities, Simon Fraser University criminology professor Robert Gordon said some people may take a chance and carry the cash on them when they travel. In Vancouver, it's been reported that some property buyers actually paid for their homes in cash.

Under the Proceeds of Crime (Money Laundering) and Terrorist Financing Act, said CBSA, there are no restrictions on the amount of currency a person can bring into or take out of Canada. However, any amount valued at $10,000 or more must be declared at customs.

Atkin said there are four levels of seizure, leading to a fine ranging from $250 to $5,000. However, in cases involving suspected proceeds of crime, no money will be released.

Tax litigator Daniel Kiselbach has seen a 20 per cent increase in inquiries from Canadians desperate to get their seized money back from the government.

Although CBSA has an internal appeal process, he said the "redress officers" must be satisfied with the proof of the source of the money.

According to CBSA, $6.7 million in undeclared money and $834,144 in proceeds of crime was seized across Canadian borders from Jan. 1 to April 15 this year, including $2.9 million in unreported cash and $127,960 in dirty money confiscated in Ontario. TORSTAR NEWS SERVICE

Last October, Canadian border officials found duct taped packages of more than $1.3 million of undeclared currency in a truck at the Queenston-Lewiston bridge in Southern Ontario. The cash was seized as suspected proceeds of crime. TORSTAR NEWS SERVICE

DETAILS

Four levels of currency seizure

1: The currency is returned after a $250 penalty when the money has not been concealed and the individual makes a full disclosure of the facts following its discovery.

2: The currency is returned following payment of a $2,500 penalty when the money is concealed in a method other than a false compartment or if the individual has already had a previous currency seizure against them.

3: Currency is returned upon payment of a $5,000 penalty when the currency is concealed in a false compartment or if the individual is a repeat offender.

4: There are no terms of release if officers believe that the currency is the proceeds of crime.

CANADA BORDER SERVICES AGENCY

> **Some people from certain ethnic origin do not declare their money in possession simply because the banking system is not to be trusted and they are more comfortable working with paper money.**
>
> Robert Gordon, criminology professor at Simon Fraser University

LEGISLATION

Tories to relax gun laws

New Conservative legislation that changes the gun licensing system cleared a House of Commons committee last week and is on track to become law before the summer recess — and a likely fall election.

Bill C-42, dubbed the Common Sense Firearms Licensing Act, has drawn criticism even within the sport-shooting community but nonetheless remains grist for Conservative get-out-the-vote efforts, especially in rural Canada.

Introduced last Oct. 7, it was set to be debated in the Commons the day after a lone gunman shot dead a ceremonial guard at the National War Memorial and then stormed Parliament Hill, where he died in a hail of bullets. Needless to say, it was not an opportune time for a government bill that relaxes some gun licensing measures.

The legislation was quietly resurrected late last month and rushed through committee, from which it emerged with only a single, minor housekeeping amendment on Wednesday.

The bill removes some of the paperwork and penalties for gun licensing and transportation, provides a six-month grace period for lapsed licenses, gives cabinet decision-making power over how guns are classified, makes mandatory gun prohibitions for violent offenders and domestic assaults, and makes it compulsory to pass a firearms course in order to be licensed. THE CANADIAN PRESS

BILL C-42

The Conservative House leader's office says it expects the bill to become law before the summer recess. An anticipated Oct. 19 election means any bills not passed in the spring will die on the order paper.

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Clam gardens bust old myths

HISTORY

B.C. discovery reveals truths about First Nations society

The discovery of an expansive system of historic clam gardens along the Pacific Northwest coast is contributing to a growing body of work that's busting long-held beliefs about First Nations as heedless hunter-gatherers.

A team of researchers at Simon Fraser University has revealed that First Nations from Alaska to Washington state were marine farmers using sophisticated cultivation techniques to intensify clam production.

In an article published recently in the journal American Antiquity, lead author Dana Lepofsky argued that the findings counter the perception of First Nations living passively as foragers in wild, untended environments.

"Once you start calling someone a hunter-gatherer there's something implied ... about not really being connected to the land or sea and not needing much from it," she said.

"Even if they aren't formal agricultural plots in the way that Europeans recognized, they were still cultivating the landscape."

Lepofsky said the "pervasive" idea that First Nations were hunter-gatherers made it easier for colonists to justify taking over the land because the resource management differed from traditional European methods.

Researchers have concluded the clam gardens dated back more than 1,000 years, and Lepofsky said she strongly believes some were more than 3,000 years old.

She said First Nations applied sophisticated management techniques to mimic ideal clam-growing conditions, including using stone terraces and sediments at appropriate elevations in the tidal column.

Sustainable practices, such as periodically turning over the soils and harvesting selectively, would have emerged to sustain the enormous populations of First Nations believed to have inhabited the coast, Lepofsky said.

She estimated that number to be in the hundreds of thousands.

Much of the scientific evidence for such practices confirmed knowledge already contained in First Nations songs and stories, said Kim Recalma-Clutesi, of the Qualicum First Nation on eastern Vancouver Island.

"It's astounding that it's taken a whole team of scientists and more than 150 years to figure this out, that our people weren't standing there with a frying pan in their hand waiting for a sockeye to jump in," she said.

THE CANADIAN PRESS

> **Once you start calling someone a hunter-gatherer there's something implied ... about not really being connected to the land or sea and not needing much from it.**
>
> Dana Lepofsky, archaeologist, Simon Fraser University

SFU archeologist Dana Lepofsky participates in the ecological survey of clams in the clam garden. HANDOUT

BACKGROUND

Examples of First Nations resource management abundant: Expert

Besides culturally modified beaches dotting the coastline, Recalma-Clutesi referenced complex estuary root gardens and the transplanting, fertilizing and pruning of berry bushes as other historic examples of resource management used by indigenous peoples in the region.

She also noted that colonizing governments concluded First Nations did not need a land base because of their supposed hunter-gatherer status.

As for the clam gardens, Oregon-based researcher Doug Deur said the First Nations marine practice was either ignored, misinterpreted or sometimes even systematically excluded, particularly when there were competing land claims in an area. THE CANADIAN PRESS

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In this photo taken in July 2014, schoolgirls who escaped abduction from the Chibok government secondary school arrive for a meeting with Nigerian President Goodluck Jonathan in Abuja, Nigeria. THE ASSOCIATED PRESS FILE

'Boko Haram wives' mocked

NIGERIA

Girls recently freed may soon face ridicule and suspicion

The taunts wouldn't stop. "Boko Haram wives," the schoolgirls were called because they had been briefly held by Nigeria's Islamic extremists before escaping. The teasing was so relentless that some of the Chibok girls left their town and families.

Their plight does not bode well for hundreds of girls and women recently rescued from months of captivity by Boko Haram, including dozens who are pregnant. After enduring captivity by the militants, the females may now face stigma from their own communities.

"The most important thing is to restore their dignity," the executive director of the United Nations Population Fund, Babatunde Osotimehin, told The Associated Press in a telephone interview from his office in New York.

"When you have been in captivity against your will, and God knows whatever they have done to them, some of them will have been violated, some raped, food insecure ... We need to take them, work with them and bring them back to the reality of their lives," said Osotimehin, who is Nigerian.

His agency is providing the women and girls with intense psychosocial counselling and medical care for reproductive and maternal health. It is also encouraging communities to allow the girls to return in peace.

That will be a challenge, going by comments made last week by Gov. Kashim Shettima of Borno, the home state of Boko Haram and the one most affected by the nearly 6-year-old Islamic uprising that has killed more than 12,000 people and forced more than 1.5 million from their homes.

> **Boko Haram is so despised that anyone identified with the group shares some of that label, the slur.**
> Human Rights Watch researcher Mausi Segun

"I am seriously worried with the fact that most women tend to hate and abandon children they deliver from rape. Now, the problem is that these children could go to the streets unattended to, they then lack access to food, health care and education. The result is that they could indeed inherit their fathers' (ideology) somehow," Shettima told government officials, according to the Nigerian press. THE ASSOCIATED PRESS

YEMEN

Rebels accept five-day ceasefire, promise retaliation if broken

Yemen's Shiite rebels and their allies in the country's splintered armed forces said Sunday they would accept a five-day humanitarian ceasefire to allow aid to reach civilians after more than a month of airstrikes from a Saudi-led military coalition.

The ceasefire, scheduled to begin Tuesday, would help ease the suffering of civilians in the Arab world's poorest country, who increasingly lack food, fuel and medicine since the bombing campaign began March 26.

However, all sides in the conflict have warned they will retaliate if the ceasefire is broken.

On Sunday, state news agency SABA, which is under the control of the Shiite rebels known as Houthis, quoted Col. Sharaf Ghalib Luqman saying rebels in the armed forces agreed with the ceasefire. The Houthis earlier issued their own statement saying they will co-operate with the ceasefire and urging a return to dialogue.

Meanwhile, Saudi-led strikes have continued, with a residence of former president Ali Abdullah Saleh targeted Sunday in the capital. Saleh appeared on television afterward standing in front of the ruins. He urged Yemenis to remain steadfast in the face of Saudi aggression and to beware of spies among them. He also urged a return to dialogue. Saleh and his loyalists are allied with the Houthis, who are also backed by Iran.

The raging conflict in Yemen has killed over 1,400 people — many of them civilians — since March 19, according to the United Nations.

The Houthis also said in a statement that the coalition naval blockade prevented merchant ships carrying food from docking in the port of Hodeida.

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Britain's Labour Party leader Ed Miliband delivers his resignation at a press conference in Westminster, London, Friday. TIM IRELAND/THE ASSOCIATED PRESS

Other Miliband wanted back

U.K. ELECTIONS

Labour head's brother hewed to Tony Blair's centrism

They were two very talented brothers with so much potential. The older one was poised to become the leader of Britain's Labour Party, with a chance to become prime minister, while the younger was expected to rise with his brother to the highest ranks of the country's political arena.

But things didn't go that way for David and Ed Miliband. Ed didn't want to take a back seat to his more polished and articulate older brother and shocked Britain's establishment in 2010 by challenging David for the Labour leadership role and triumphing.

Five years later, that victory has turned bitter.

The Downing Street dreams of 45-year-old Ed have been dashed by his party's dismal failure in Thursday's election, which saw Prime Minister David Cameron's Conservatives score a convincing victory over a weakened Labour Party.

The Miliband family has suffered as well: A gulf as wide as the Atlantic Ocean has opened between the once-close brothers, with David, 49, abandoning politics and moving to self-imposed exile in New York. That has left the brothers' 80-year-old mother, a Holocaust survivor, trying to bridge the gap.

John Rentoul, author of a biography about former Labour Prime Minister Tony Blair and a columnist at the Independent on Sunday, believes the leadership contest has split the brothers, perhaps forever.

Yet the last few days have seen rumblings that David might return to Britain to jump-start his political career and try once more to become Labour party leader after Ed resigned the post Friday. The prospect was fuelled by the Twitter musings of one of Labour's best known and most wealthy donors, Harry Potter author J.K. Rowling, who admitted she was obsessing about David.

Rentoul says he believes David would probably have had the political skills to win Thursday's election, in part by following Blair's "New Labour" strategy of positioning the party at the country's political centre.

"They should have chosen David Miliband last time," he said. "Now they have to learn their lesson and choose someone who would follow the 'New Labour' path even if they don't call it that. Ed was imposed on the party by the union bosses who mobilized the activist base to swing it for Ed and move it to the hard left. That was a disastrous intervention."

THE ASSOCIATED PRESS

WISCONSIN

Officer may face charges in shooting death

A Wisconsin prosecutor said he will announce on Tuesday whether charges will be filed against a white police officer who fatally shot an unarmed 19-year-old biracial man in Madison.

Dane County District Attorney Ismael Ozanne had promised to give the public advance notice of the announcement in the case of Madison Officer Matt Kenny, who shot 19-year-old Tony Robinson in an apartment on March 6. Ozanne issued a brief statement on Sunday saying he would make his findings public on Tuesday.

Police have said Kenny was responding to reports that Robinson had assaulted two people and was running in traffic. Investigators said Robinson attacked Kenny but other details haven't been released.

The Wisconsin Department of Justice investigated Robinson's death under a state law that requires an outside agency to lead probes into officer-involved shootings. Ozanne said he received the last investigative reports from the agency on April 13 and has been mulling a decision since then.

The shooting has sparked multiple street protests led by the Young, Gifted and Black Coalition. The protests have been peaceful, although demonstrators have demanded Kenny be fired and charged with homicide. They also have said they don't trust Ozanne, saying he's part of a corrupt criminal justice system that targets blacks.

Police arrested at least four protesters in April after they blocked one of Madison's main thoroughfares for eight hours.

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Two officers killed

MISSISSIPPI

Three suspects arrested

Two Mississippi police officers were shot to death during an evening traffic stop turned violent, a state law enforcement spokesman said Sunday. Three suspects were in custody, including two who are charged with capital murder.

The deaths of the officers — the first to hit Hattiesburg in three decades — were felt far and wide in this small southern Mississippi city. Gov. Phil Bryant released a statement saying he was mourning the loss of the officers.

"This should remind us to thank all law enforcement for their unwavering service to protect and serve. May God keep them all in the hollow of his hand," Bryant said.

Warren Strain, a spokesman for the Mississippi Department of Public Safety, said Marvin Banks, 29, and Joanie Calloway, 22, were each charged with two counts of capital murder. Banks was also charged with one count of being a felon in possession of a firearm and with grand theft for fleeing in the police cruiser after the shooting, Strain said.

"He absconded with a Hattiesburg police cruiser. He didn't get very far, three or four blocks and then he ditched that vehicle," Strain said.

> **He wanted to become an officer because we've seen so much of our peers get killed or end up in jail.... He was talking all the time about how he wanted to do better and make the place better.**
> Jarvis Thompson

Banks' 26-year-old brother, Curtis Banks, was charged with two counts of accessory after the fact of capital murder.

The three Hattiesburg residents were arrested without incident at different locations overnight following the shooting, Strain said.

They were expected to face initial court appearances Monday.

The three were being held at undisclosed jails in the state and could not be reached for comment.

Lt. Jon Traxler, a Hattiesburg Police Department spokesman, identified the officers who died as Benjamin Deen, 34, and Liquori Tate, 25.

Local reports identified Deen as a past department Officer of the Year, and Tate was a newcomer to the force who Strain said was a 2014 graduate of the law enforcement academy.

Tate grew up in a tough part of Starkville, 240 kilometres north of Hattiesburg, and decided to become a police officer so he could make a difference in the black community, said Jarvis Thompson, who knew him from childhood in church.

THE ASSOCIATED PRESS

VATICAN RAUL CASTRO THANKS POPE FOR CUBAN-U.S. DETENTE Cuban President Raul Castro waves as Pope Francis, background, looks on, at the end of a private audience at the Vatican on Sunday. Castro paid a call on Francis to thank him for working for Cuban-U.S. detente — and said he was so impressed by the pontiff he is considering a return to the Catholic church's fold. FABIO FRUSTACI/ANSA VIA THE ASSOCIATED PRESS

SEVERE WEATHER

Snow, tropical storms strike United States

South Dakota was the centre of weather extremes Sunday, with a tornado hitting a small town on the eastern side of the state and more than a foot of snow blanketing the Black Hills to the west.

It was among several Great Plains and Midwest states in the path of expected severe weather. At the same time, a tropical storm came ashore in the Carolinas and wintry weather also affected parts of Colorado.

Tropical Storm Ana made landfall near Myrtle Beach, South Carolina, on Sunday morning and was downgraded to a tropical depression by Sunday afternoon.

The storm's maximum sustained winds were at 56 km/h. In South Dakota, National Weather Service meteorologist Philip Schumacher said law enforcement reported a tornado about 10:45 a.m. Sunday in Delmont — about 50 kilometres from Sioux Falls. Delmont Fire Chief Elmer Goehring told The Associated Press that there "have been some injuries," and Avera Health spokeswoman Lindsey Meyers said three people were in good condition at a local hospital.

No deaths were reported.

"One side of town was taken away," Delmont resident Anita Mathews told the AP.

She said a large church had been heavily damaged as well as a new fire hall, and that the town had no electricity.

Storm clouds pass in Denton, Texas, on Sunday. Parts of several Great Plains and Midwest states were in the path of severe weather. AL KEY/THE DENTON RECORD-CHRONICLE/THE ASSOCIATED PRESS

In North Texas, sparsely populated ranching and farming communities were left to clean up from Saturday's tornadoes that left one person dead and another in critical condition, authorities said. Cisco Fire Department spokesman Phillip Truitt said the two people were near each other.

THE ASSOCIATED PRESS

IN BRIEF

Boats carrying over 500 migrants from Myanmar wash ashore in Indonesia

Boats carrying more than 500 members of Myanmar's long-persecuted Rohingya Muslim community washed ashore in western Indonesia on Sunday, with some people in need of medical attention, officials and a non-profit organization said.

Steve Hamilton, deputy chief of mission at the International Organization for Migration in Jakarta, Indonesia's capital, said his teams were racing to the Aceh province sub-district of Seunuddon, where the boats landed.

They warned that thousands more are believed to be stranded at sea. Of the four boats found, three had apparently been abandoned by the smugglers and the other ran out of fuel, he said.

THE ASSOCIATED PRESS

Five dead after shooting

Five people have been found dead after a shooting in northern Switzerland that may have resulted from a family dispute, police said Sunday. The dead included the suspected gunman.

Residents heard shots in the small town of Wuerenlingen northwest of Zurich shortly after 11 p.m. Saturday, leading police to find five bodies in a residential neighbourhood. THE ASSOCIATED PRESS

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A voice for a voiceless people

FRANCE

Radio station acts as forum for Muslim community

It's called "Beur FM" — after a slang term for Arab people — and has become the voice of France's Islamic community in the wake of the Charlie Hebdo attacks.

On air since 1992, the radio station features talk, music and news, normally catering to Muslims. But since the attacks, Beur FM has become a staple for listeners hungry for answers about the violence — and how to reconcile alienated immigrants with mainstream society.

It has achieved widespread prominence only in recent months as the French turn to it for insights into the Muslim community.

The station hasn't clocked a sharp rise in listeners and the current audience stands at about 400,000 a day, but it has seen a marked rise in social-media attention following the attacks, according to marketing director Nabil Bougouss.

4.7M

Approximately 4.7 million Muslims live in France, comprising almost 7.5 per cent of the country's population.
PEW RESEARCH

The staff of Beur FM don't pretend to have the answers but say they are at least allowing people to ask questions and speak freely on their chat shows.

Muslim callers often grapple with thorny questions of identity, seeking ways to challenge Charlie Hebdo's mockery of Islam without being seen as a fanatic.

"People still call us and say, 'I am not Charlie … As a Muslim it grated on me, even if I am absolutely not a fundamentalist. Can I discuss it with you without being accused of fundamentalism?'" said comedian Yassine Belattar, a Beur FM talk show host.

The Beur FM program "Islam Now" offers a Muslim take on an ever-changing variety of often controversial topics. When it started, imam Abdelali Mamoun's show was only broadcast during the Ramadan holy month. It proved so popular that it's now on the air daily.

Mamoun is willing to address any issue, explaining that there is "no shame in religion, so no shame to talk about whatever subject."

"Listeners who tune in to Beur FM have a lack of signposts, of theological references. And this is what we are trying to fill," Mamoun said.

In the wake of the January attacks, other French media also turned to the station for answers.

"The role of a kind of 'super expert' was accorded to us when the events happened," said Abdelkrim Branine, the station's editor-in-chief. "The majority do not understand much; they are looking for answers, which is a good thing. The problem is that we wait for a tragedy to happen."
THE ASSOCIATED PRESS

DJ Sem, left, answers radio host Tarik at Beur FM radio in Paris. Since the Charlie Hebdo attacks in January, Beur FM has become a staple for listeners of all walks of life who are hungry for answers about the violence and how to reconcile alienated immigrants with mainstream society. CHRISTOPHE ENA/THE ASSOCIATED PRESS

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A sign supporting an anti-discrimination ordinance in a retail shop window in Eureka Springs, Ark. Voters in the city will decide on Tuesday whether to keep a measure that would prohibit the city and private businesses from discriminating against someone based on their sexual orientation and gender identity. DANNY JOHNSTON/THE ASSOCIATED PRESS

LGBTQ RIGHTS

Vote cast as fight for city's soul

Nestled in the hills of northwest Arkansas, Eureka Springs has long relished its dual personalities — known for its play depicting Jesus' final days and a 20-metre-tall "Christ of the Ozarks" statue as well as its reputation as a gay-friendly tourist destination, bolstered by being the first city in the state to issue same-sex marriage licences.

That balance of identities will be tested Tuesday, when voters decide whether to repeal a recent local ordinance that extends discrimination protections to the lesbian, gay, bisexual and transgender community. It could set the stage for a broader legal fight over a new state law aimed at preventing Arkansas cities and counties from expanding discrimination protections, but opponents of the ordinance are casting the election as a fight for the soul of a city of roughly 2,000 people.

"The homosexual agenda has never been challenged with a public vote," said Philip Wilson, the pastor of First Christian Church who's leading the opposition. "So it's basically a crapshoot.... The community is going to have the opportunity to make that choice."

The ordinance approved by Eureka Springs' city council in February prohibits the city and private businesses from discriminating against someone based on their sexual orientation or gender identity.

City officials gave it the green light in direct response to Arkansas lawmakers prohibiting cities and counties from barring discrimination on a basis not contained in state law, a measure that takes effect in late July. Already, Little Rock and Hot Springs have approved more scaled-back discrimination ordinances that only apply to city employees and vendors. But Eureka Springs' move is the most direct challenge to the state prohibition.

"We don't go by convention. If somebody tells us you can't do something, well, watch us," said James DeVito, the city councilman who introduced the ordinance. THE ASSOCIATED PRESS

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China cuts rates again to boost slowing economy

LENDING

Interest on deposits falls to 2.25%, loans down to 5.10%

China's central bank said Sunday that it is cutting interest rates for the third time in six months to boost the country's sluggish economy.

Citing "downward economic pressures," the People's Bank of China said it would cut the rate on a one-year loan by commercial banks by 0.25 percentage points to 5.10 per cent. The interest rate paid on a one-year deposit was lowered by 0.25 points to 2.25 per cent.

Rates were also cut on Nov. 22 and then again on March 1. The new rates take effect Monday.

The cuts follow reports that trade in April shrank more than expected and that factory employment was weak.

Beijing has introduced a string of tax reductions and other measures aimed at propping up growth.

The latest cuts are expected to reduce financial costs for state companies and are a signal to state-owned banks to boost lending.

The world's second-largest economy grew 7.4 per cent last year, the lowest growth in more than two decades. The economic slowdown is expected to persist.

THE ASSOCIATED PRESS

1.5%

China's inflation rate rose slightly to 1.5 per cent in April, up from the previous month's 1.4 per cent, according to official data released Saturday.

Chinese paramilitary policemen stand on duty outside the People's Bank of China in Beijing. China's central bank said Sunday that it is cutting interest rates for the third time in six months to boost the country's sluggish economy. THE ASSOCIATED PRESS FILE

GREEK ECONOMY

Germany warns of collapse

Germany's finance minister says his country will do everything it can to keep Greece in the eurozone under "justifiable conditions."

Eurozone finance ministers will meet on Monday amid slow-moving talks on a deal with Greece's creditors.

Finance Minister Wolfgang Schaeuble told Germany's Frankfurter Allgemeine Sonntagszeitung in an interview published Sunday he doesn't think "everything will be cleared up by then." He said the atmosphere has improved in talks, but there hasn't been much substantial movement.

Schaeuble said Chancellor Angela Merkel "knows that we must do everything to keep Greece in the eurozone under justifiable conditions. It must not fail because of us."

Schaeuble said he doesn't have a clear picture of Greece's finances. He added: "Experiences elsewhere in the world have shown that a country can suddenly slip into insolvency."

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U.S. SENATE DEBATE

Focus on Obama's trade agenda

As the Senate prepares to debate his trade agenda, U.S. President Barack Obama is sharpening his criticisms of Democratic Sen. Elizabeth Warren who is fighting his efforts to obtain "fast track" authority to negotiate trade agreements that Congress can accept or reject but not change.

Obama said Warren is wrong in criticizing an element of trade deals called investor-state dispute settlement, or ISDS that allows foreign companies to sue national governments in special tribunals if the companies feel they were harmed by violations of free-trade agreements. Warren and others say ISDS can let multinational corporations seek huge payments while sidestepping traditional courts. THE ASSOCIATED PRESS

SYRIAN REFUGEES

U.S. giving Jordan $25M in wheat

The United States is giving Jordan about $25 million US worth of wheat for resale, with the money to be used for improving agricultural productivity.

The U.S. agriculture secretary, Tom Vilsack, and Jordan's planning minister, Imad Fakhoury, signed the agreement involving 100,000 metric tonnes of wheat Sunday.

Vilsack said in a statement the food assistance is meant to help ease the economic burden Jordan faces as it hosts more than 600,000 Syrian civil-war refugees, out of nearly 4 million who fled to neighbouring countries in the past four years.

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#MYMETRO

Jenn Abrams, Vancouver

What are you up to?
I'm on my lunch break.

What's your job?
I'm distribution manager for the luxury travel website Kiwi Collection.

What's the best thing about Vancouver?
The best thing about the city is the great food from all over the world.

What are you reading or binge-watching right now?
I'm watching Game of Thrones and reading The Case for Make Believe (by Harvard child psychologist Susan Linn).

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper. We'll re-post you and feature a reader pic from across Canada in this spot every Monday.

The heart of Calgary needs a farmers' market

KLASZUS' CALGARY
Jeremy Klaszus

Calgary has a lot of food trucks these days. I like food trucks as much as the next guy, but what Calgary could really use is a central farmers' market that one can walk, bike or ride the LRT to.

We had one a century ago. The Calgary Public Market became a city-owned utility in the mid-1910s, moving into a sandstone-and-brick building across from the Cecil Hotel, where Booker's BBQ Grill and Crab Shack is now.

The market came about thanks largely to Annie Gale, a visionary Calgarian (and, in 1917, a city councillor) who was fed up with the poor produce of the time. She advocated for a market where local farmers could sell fresh goods.

Given this history, it's a little strange that today — at a time when so many cities have thriving markets in their cores — we have no such central market.

We have large markets such as Calgary Farmers' Market, the Market on Macleod and Crossroads Market, but they can be tough to get to without a car.

Edmonton, by contrast, has three centrally-located markets with pretty high transportation connectivity to neighbouring areas. In particular, the Old Strathcona Farmers' Market is a great spot to spend a Saturday morning. You can grab your veggies and coffee, then browse the shops on Whyte Avenue a stone's throw away. The market and the street feed off of each other, creating an area that's full of life.

Calgary's' markets , particularly the Calgary Farmers' Market, are more like big-box stores. They're isolated from neighbourhoods. (This is a critique of location only, and not what's inside). The Market on Macleod is in a better location, but there's not much around there you'd want to walk to. Crossroads Market is close to the neighbourhood of Ramsay, but it takes an unpleasant walk through an industrial area to get there.

So where could a central market go in Calgary? Perhaps the solution is on the east and west flanks of downtown.

It'll be years before West Village is built, but a large building like the Greyhound station could be a good fit (though that building may get razed for a new arena).

With East Village already partially built, perhaps there's an opportunity on or near the RiverWalk, by the Simmons building. Food trucks regularly set up there, and other organizations, including Beakerhead and the Calgary Mini Maker Faire, have used the space for events as well. It seems like an ideal spot for an outdoor market.

The market and the street feed off of each other, creating an area that's full of life.

In the meantime, smaller weekday markets have been sprouting up in neighbourhoods throughout the city. These are easy to walk to, and you get to interact with your neighbours. But Calgary still lacks the big energy of a central urban market, and that's a shame.

Jeremy Klaszus is a freelance journalist and stay-at-home dad. He tweets at @klaszus.

ROSEMARY WESTWOOD

metroview

"Omar Khadr's inner life will remain a mystery to us."

Humble words. Trimmed beard. A dimple.

We've seen the redeemed Omar Khadr, looking nervous and happy, dressed in jeans that seem too big.

Now free, and free to speak, Khadr is attempting to write his story from his own vantage point, to show Canadians "I'm more than what they thought of me."

Canadians are enthralled. There was a wave of welcome-home tweets Thursday, when he was released on bail after spending 13 years in jail, 10 of them in Guantanamo Bay. People said they teared up as they watched him, articulate and soft-spoken in front of a scrum of reporters. Some called the scene "beautiful" and complimented his smile.

We are, it seems, charmed.

But despite the myth-making that will now begin in earnest, about a teen who ran with a terrorist crowd and became the poster boy for the treatment of child soldiers, we will never really know Khadr.

In conservative circles (and to our prime minister), Khadr is still nothing but a dangerous terrorist. For child-soldier activists, he is a victim, indoctrinated into al-Qaida at the age of 13 by his father.

Khadr has spoken of remorse for throwing a grenade that killed a U.S. army medic. He rejects extremist views, he said. He wants a normal life, an education. "I will prove to them I'm a good person," he said. "Give me a chance."

We seem willing. But no matter how he now shapes his future, the profiles, biographies or documentaries made, his inner life will remain a mystery to us — as with all public figures.

"Only Mr. Khadr can truly know if the changes he purports to have made in his religious belief system and world view are genuine," said a psychologist who interviewed Khadr, as reported by Maclean's.

An acquaintance of mine, watching the video of Khadr interviewed outside his lawyer's home in Edmonton, said that Khadr spoke with "the innocence of a child."

"It's like you can actually witness a veil of darkness lifting for him despite the past."

That is what the joy at Khadr's release is really about: not the man, but our own need to see justice done. Our own need to redeem ourselves, and our country, for not fighting to free him from Guantanamo Bay.

Our desire, too, to know that hope and humility can spring up in the most vile of places, and that people — even purported terrorists — can be redeemed.

"I'm excited to start my life," Khadr told the press. "There's nothing I can do about the past, but I hope that the future can, I can do something about the future."

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PHILOSOPHER CAT
by Jason Logan

Make like Game of Thrones' Cersei Lannister and grab a glass of mead. HANDOUT

The need for mead

GAME OF THRONES

Retro beverage back in vogue thanks to hit show

Brian Gasparek
For Metro | Life

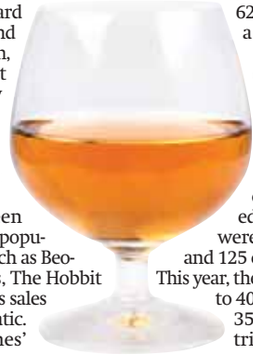
Game of Thrones seems to be the gift that keeps on giving for its hipster-fan demographic. In addition to delivering some solid reading material, and one of the strongest shows on cable, the George R.R. Martin fantasy drama has also provided the cool kids with a thirst-quenching opportunity to indulge in something retro — really retro: Mead.

Just like their favourite medieval heroes and villains from Westeros, it appears that hip Thrones fans have taken to ironically consuming the show's boozy beverage of choice. Yep, that's about as vintage as you can get.

"It's great to see such excitement," said Michael Fairbrother, American Mead Makers Association president and founder of New Hampshire's Moonlight Meadery. "For the last few years, every time I would visit a different market and it was around the time of the new Game of Thrones episodes being released, the buyers would start telling me how many consumers would come in and mention they were going to have a Game of Thrones night with mead."

Mead in its simplest explanation is a beer-tasting alcohol made by fermenting honey and water together. Once viewed as the drink of deities, mead's origins can be traced all the way back to ancient Egypt, China, Greece and Rome. It was hugely popular in the Middle Ages, but died a fast death when sugar became the more popular sweetening alternative and beer and wine took centre stage as better-tasting party favourites. That is of course until Thrones made it trendy again.

"I tried mead when I was in the U.S.," said diehard Game of Thrones fan and mead dabbler Ben Cohen, who lives in Toronto. "It actually tastes pretty good. Just like honey, but not as sweet. I once tried to make it with some friends, too ... but that tasted like crap."



Sure, mead has been present in a variety of popular works over years such as Beowulf, Lord of the Rings, The Hobbit and Harry Potter, but its sales were always reliably static. Since Game of Thrones' debut on HBO in 2011, however, sales have skyrocketed, getting mead makers pretty darn pumped.

"We are calling it the 'renaissance of the Renaissance," said Cherie Andrews of Chinook Arch Meadery in Alberta. "The rise in popularity has been a welcome boost for those of us that have been producing it for many years."

The numbers don't lie. According to the Annual Mead Industry Report by the American Mead Makers Association, the retro booze has experienced a 128 per cent increase in production between 2012 and 2014, with its manufacturing rising to 144,000 gallons from 62,000 gallons. That's a lot of mead!

Not only that, the desire to make the stuff has skyrocketed, too. When Colorado's Mazer Cup (the largest international mead competition) started back in 2008, there were 200 home entries and 125 commercial entries. This year, the number has grown to 400 home entries and 350 commercial entries. Coincidence? I think not.

"I'm very excited," said Fairbrother. "With a youthful, hipster demographic, it means that finally the resurgence of mead is hitting mainstream, and will continue to grow."

Andrews agrees. "The exciting thing about engaging younger, hipper consumers with mead is multi-faceted," she said. "Not only is it a demographic that includes men and women equally but they really don't have preconceived ideas of what mead should be like. They just love it for what it is."

So as Canadians who want to join the hip retro trend of drinking like the Starks and Lannisters, where can we try the stuff? The answer should be as simple as your local liquor stores that carry flavoured mead options by small Canadian meaderies like Trafalgar Ales & Meads from Ontario and Tugwell Creek Honey Farm and Meadery in B.C.

As it turns out, Canada is actually home to more than 30 meaderies from coast-to-coast, way up from the four that existed in the mid-2000s.

So next time you're looking to kick back and sip on adult refreshments, perhaps try going the retro route like Cersei and Jaime, and crack open a mead. Warning: Too much mead may cause dragon sightings.

WHAT'S THE DIFFERENCE BETWEEN BEER AND MEAD ANYWAYS?

So here's the big question. Is mead a type of beer? Absolutely not.

Although mead may be carbonated and share beer's sweet, semi-sweet or dry taste qualities, the two are completely different.

Beer is boiled and brewed, with a concoction of malted barley, hops and various ingredients. Once it is cooled, yeast is tossed in to allow it to ferment. The majority of its fermentable sugar is derived from malt sugars boiled out of the barley.

Unlike beer, mead is not boiled or brewed.

The process of making it is similar to wine. It's created by mixing honey and water (with optional fruits, spices, grains or hops) and is then left alone to ferment. The majority of its fermentable sugar is derived from honey.

IN BRIEF

Canadian baby born after mom has 'game-changing' treatment

At less than four weeks old, little Zain Rajani has no idea he's made history. He's the world's first baby born following an innovative procedure being hailed as a game-changer in the treatment of infertility.

The Toronto infant was born on April 13 through in-vitro fertilization. Eggs extracted from his mother Natasha Rajani were given a power boost using parts of the cell called the mitochondria, which convert nutrients into energy and are known as the powerhouses of every cell.

TORSTAR NEWS SERVICE

Zain Rajani
TORSTAR NEWS SERVICE

Lab claims it made sperm

REPRODUCTIVE TECHNOLOGY

Research could be a major breakthrough

French scientists say they have succeeded in creating the world's first lab-grown human sperm cells in what experts said Friday could be a leap forward in tackling male sterility.

The Kallistem laboratory in the eastern French city of Lyon this week announced they had obtained "complete human spermatozoa in vitro", a world first which scientists have laboured towards for some 15 years.

"At the end of 2014, the company was able to produce fully formed human spermatozoa in the laboratory setting, using patient testicular biopsies containing only immature germ cells, or spermatogonia," the company said in a statement.

"This research paves the way for innovative therapies to preserve and restore male fertility, a major issue with global impact; numbers of spermatozoa have declined by 50 per cent over the last fifty years."

The research has not yet been published in a peer-reviewed journal and experts greeted the news with caution, while admitting that if proven, the achievement was a significant breakthrough.

Spermatogenesis, the process through which the basic reproduction cells — the germ cells — develop into spermatozoa, is an extremely complex one.

According to Kallistem it takes 72 days inside the human body.

The researchers said the breakthrough could provide a solution to tens of thousands of men suffering from non-obstructive azoospermia — or abnormal sperm production, rendering them infertile.

According to the company's estimates, the treatment of male infertility could provide a market worth over 2.3 billion euros ($2.58 billion), with more than 50,000 new patients each year.

"From a testicular biopsy, it will be possible to obtain spermatozoa that will be cryopreserved until the man wishes to father a child," read their statement.

Kallistem – which is trying to raise funding for its ongoing research – will hold preclinical trials until 2016 and clinical trials in 2017.

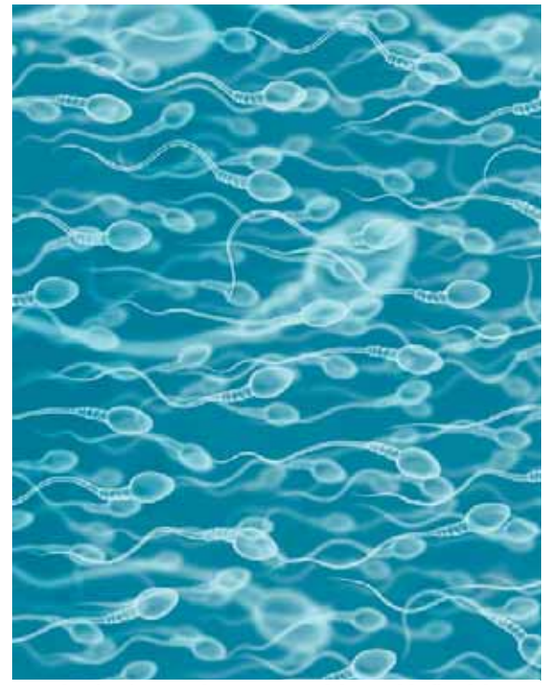
Previously, lab-created spermatogenesis had only been successful in mice.

"If it works, this procedure opens great prospects," Nathalie Rives, the manager of a fertility clinic told Le Figaro newspaper. However she remained reserved, saying it was not excluded that adults suffering from a complete lack of sperm had "genetic anomalies which would also prevent in vitro spermatogenesis."

AFP

50%

Percentage by which sperm counts have decreased in the last 50 years, according to research.



French scientists say they've created the world's first lab-grown human sperm cells. ISTOCK

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Quit bad job on high note

RESIGNATIONS

Take this job and show them you can leave like a true pro

OFFICE RELATIONS

Eleni Deacon

When leaving a job you dislike, it can be tempting to tell off your boss and book it for the beach that same afternoon. But while sudden, dramatic departures make potent material for late-afternoon daydreams, real-life resignations should be calculated and respectful. If it's time to quit, don't blow it.

Whether you're finally escaping a toxic environment or simply transitioning to up-the-ladder pastures, you need a solid exit plan. Walk into your boss' office unprepared, and you might stutter a slew of overshares. Instead, plot what you'll say and when you'll say it. Book a meeting with your superior for a convenient time of day — such as late morning or afternoon — and practise your talking points aloud in advance.

Keep your speech brief, transparent and appreciative. You don't need to share every detail about your next step — your new salary, for example, is none of your current employer's business — but you should be open about your plans. Although it may feel uncomfortable to tell your boss you've accepted a role with a competitor, it will seem even shadier when she sees your LinkedIn update in a few weeks.

If you have a strained relationship with your boss, the conversation might be tense. And if you love your present workplace, your resignation might be fraught with guilt and nerves. But stay calm and professional, and express your appreciation. No matter how messy your current situation, it provided a stepping stone for what's next.

If an exit interview is requested, provide honest but respectful feedback. Tactful criticisms could help your employer improve their ways; spill-your-soul tell-alls, while cathartic, will likely leave a bad taste. Focus on your personal reasons for moving on — a change of pace, a new perspective — rather than everything you think is wrong with your current place of work.

Pfft! Make your exit from that toxic job as professional as the interview that landed you in your amazing new gig. ISTOCK

Quitting isn't just one conversation: It's a process that doesn't end until you're wrapped up, packed up, and out the door on your final day. Give your employer fair warning of your departure (two weeks is standard, though they may request more), and establish clear expectations for your final weeks. This is not the time to trash-talk upper management or covertly watch YouTube all day. Instead, spend your last stint wrapping up outstanding deadlines and creating clear instructions for your replacement.

It isn't unlikely that you'll end up working with at least some of your current colleagues later in your career. Foster a smooth transition, and you'll leave with a glowing impression — not a ball of flames.

NETWORKING

Play your calling card right

Even though we live in an increasingly digital world, a business card is still critical to networking. Here's everything you need to know about making and using a professional calling card.

Keep it simple: Name, email, phone number and title or field of interest. Add social media links if they present you in a positive light.

DIY: Most online printers have premade templates you can choose from. For something more original, reach out to a designer.

Use them All. The. Time. It's a good rule of thumb to permanently keep a few business cards in each of your wallets or purses.

Know your etiquette

When someone hands you her business card, hand out yours in return. Jot down some notes on the card, so you remember why you were going to reach out. Don't forget to follow up! Reach out via email and let them know how nice it was to meet them. TALENT EGG/METRO U.S.

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CARDEL HOMES

Money quiz for couples

PARTNERSHIP

Check if your relationship is financially healthy

Gail Vaz-Oxlade
gailvazoxlade.com

People have all kinds of misconceptions about the rules around money and relationships. So here's a quick test to see what you may or may not know about couple's money.

Don't peek at the answers until you've chosen True or False for the following statements:

1. It only takes one person good with money in a relationship to make money management work.

2. Married partners have the right to speak for their better halves when it comes to medical treatment if their mates can't speak for themselves.

3. Getting a joint line of credit is a good way for you both to build your credit histories.

4. Once you're living together, splitting everything 50/50 is the way to go when it comes to managing the bills.

5. Talking things over and creating a plan means you're more likely to save.

So, how on the money were you?

1. **False.** If only one person has high self-control, the couple is more likely to fail. According to researchers from Boston College and the University of Pittsburgh, couples of mixed self-control jointly tend toward the lower end of the self-control spectrum, not the higher. Why? It seems that high self-control partners tend to want to please low self-control partners and end up indulging their partner's wants and desires. So instead of pulling the financial idiot into the light, the high self-control person gives in and the money management suffers.

2. **False.** Not without a power of attorney they don't. Until you've executed personal care powers of attorney, you don't have any right to say what can and can't be for your mate. While you're at it, make sure you also execute financial powers of attorney so you can take care of the money, too.

3. **False.** A little known fact is that the credit history for joint credit is only reported in the name of the first person who is listed on the documentation. And the risk you take by having joint credit — except where both signatures are required — is huge. Sure, you know he or she loves you now, but what if your pal goes nutsy-cuckoo and spends all that credit? You're firmly on the hook, baby.

4. **False.** Yes, 50/50 sounds fair, but that's only true if you're both making a similar income. If one makes more, that person should pay more of the joint expenses so the other person isn't left feeling like a poor mouse. So split your joint expenses proportionate to income.

5. **True.** A 2013 HSBC survey reports that people saved 49 per cent more if they had a financial plan to save money. The results were not simply a matter of having more resources to start with, but of using them wisely.

Here are some more questions to think about if you feel like its time to take the next step:

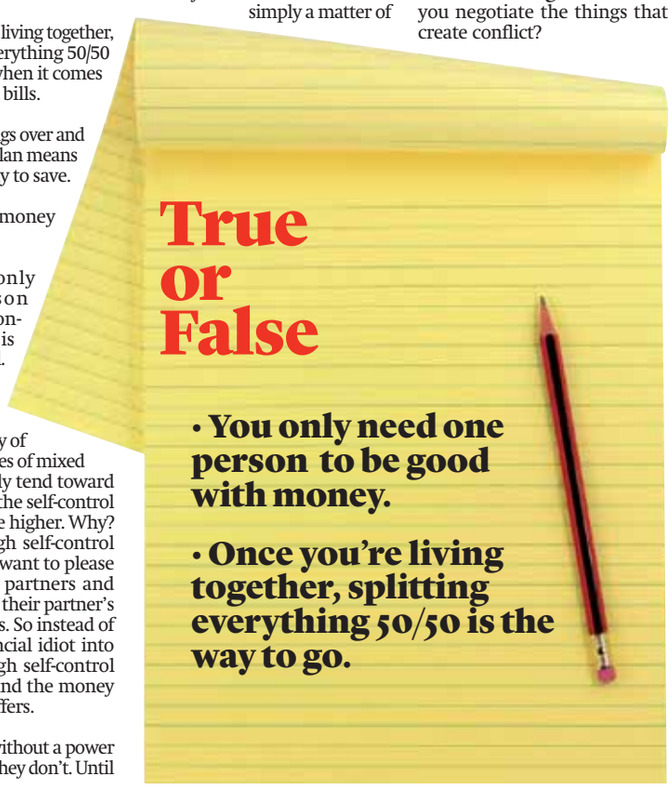
Why are we doing this? People move in together for all kinds of reasons, some of which are really dumb, like, "This will be a good test of our relationship," or "I want to give him a break so he can pay off his bills." Or "We spend so much time together anyway, we might as well live together."

How will this work for us both financially? If one person keeps bringing home new furniture and the other ends up picking up the full rent tab, someone is going to be miserable.

How well do our lifestyles match? What's most important to you? If you don't naturally "match up" how will you bridge your differences?

What are your expectations? Get on the same page in terms of what you expect from your 'buddy' before you turn them into a life partner.

How will we fight? How will you negotiate the things that create conflict?


True or False
• You only need one person to be good with money.
• Once you're living together, splitting everything 50/50 is the way to go.

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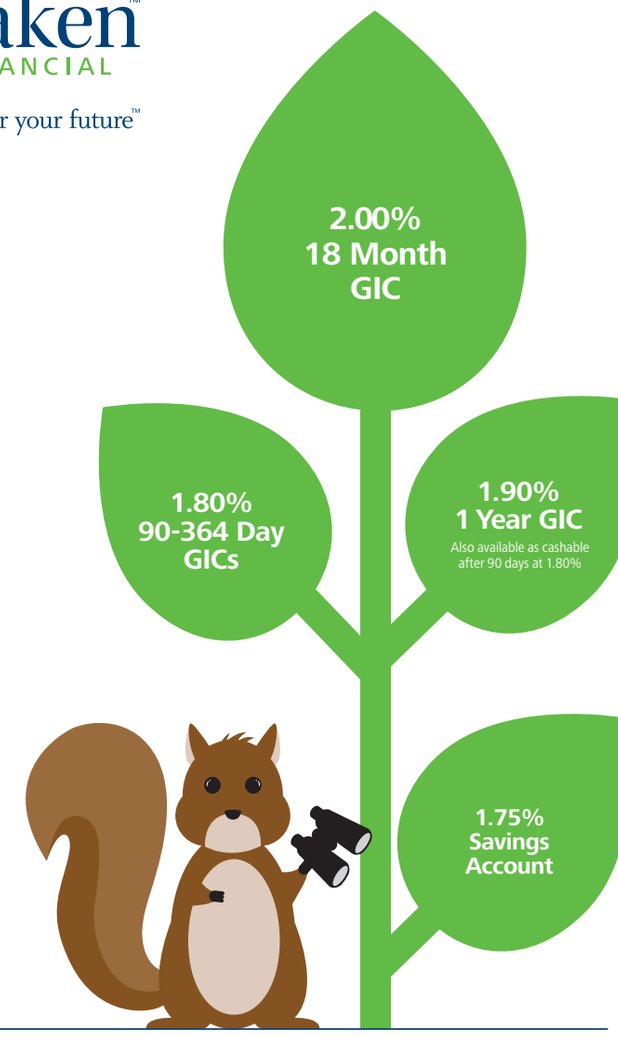

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IN BRIEF

Some hotels just aren't Posh enough

Victoria Beckham is striking back against a Page Six report that she is the "worst hotel guest ever," insisting she's totally reasonable, man. Among her demands? Insisting that every time she leave her hotel room the maids change the sheets, replace the towels and thoroughly clean the place. The report also claimed that when displeased with the level of service, she can complain long and loud enough for management to comp her entire stay, as reportedly happened two years ago at the Meadowood Napa Valley resort. Beckham's rep, though, calls the report "an utter lie," according to E! News. "Lawyers are looking into it."

James McAvoy loses his locks

James McAvoy has already had two outings as X-Men founder Charles Xavier without having to rock the comic book character's signature bald head, but apparently he's put it off long enough. Director Bryan Singer posted a photo to Instagram of the actor just after having his head completely shaved. The upcoming film, X-Men: Apocalypse, takes place in 1983, roughly 11 years after the events of X-Men: Days of Future Past, and it looks like that decade was particularly rough on Xavier's follicles. NED EHRBAR/METRO

James McAvoy. INSTAGRAM/BRYANSINGER

RELATIONSHIPS

Vergara's baby talk

Sofia Vergara is set to tie the knot with Joe Manganiello — celebrating over the weekend with a lavish engagement party — but that doesn't mean kids are in the cards. Or not in the cards. Or something.

"When you're with somebody that hasn't had kids, and you want to start a relationship, of course there's always that question," Vergara, already the mother of a 23-year-old son, tells Cosmo for Latinas magazine. "And if it happens, it will be something that will make us very happy, but it's not a priority in our lives."

Of course, she's previously insisted to Vanity Fair that she'll go along with baby-making plans if that's what her husband-to-be wants. NED EHRBAR/METRO

SHOUT-OUTS

Manson wants to get it on with Madonna

Not-at-all-creepy '90s holdover Marilyn Manson wants the world to know that he's totally down for getting down with Madonna, which might be the least outrageous thing he's said.

"I'm kind of interested in this Madonna record," he tells i-D magazine. "She looks hotter than ever. I'd also like to let it be known that I still have a crush on Madonna and I would definitely fornicate with her."

Good to know! And apparently word of his desires made its way to Madonna herself, who responded on Instagram with "Um … thanks!" She's flattered, I'm sure. NED EHRBAR/METRO

Stop it with all the selfies, says Catherine Deneuve

CRITICISM

Less mystique, more banality with frequent posting: Icon

Selfies and social media have been the death of film stars, iconic French actress Catherine Deneuve said in an interview published Sunday.

"There are no more stars in France," the 71-year-old bemoaned just days before her latest film La Tête Haute (Standing Tall) opens this year's Cannes Film Festival out of competition.

The doyenne of French cinema was speaking to the Journal du Dimanche newspaper about her glittering film career, which has made her one of her country's best-known actresses abroad.

Deneuve gave short shrift to a new generation of celebrities addicted to social media.

"A star is someone who must show themselves only a little and remain discreet.

"With the introduction of the digital age, there is an intrusion of everything, everywhere, all the time," she said.

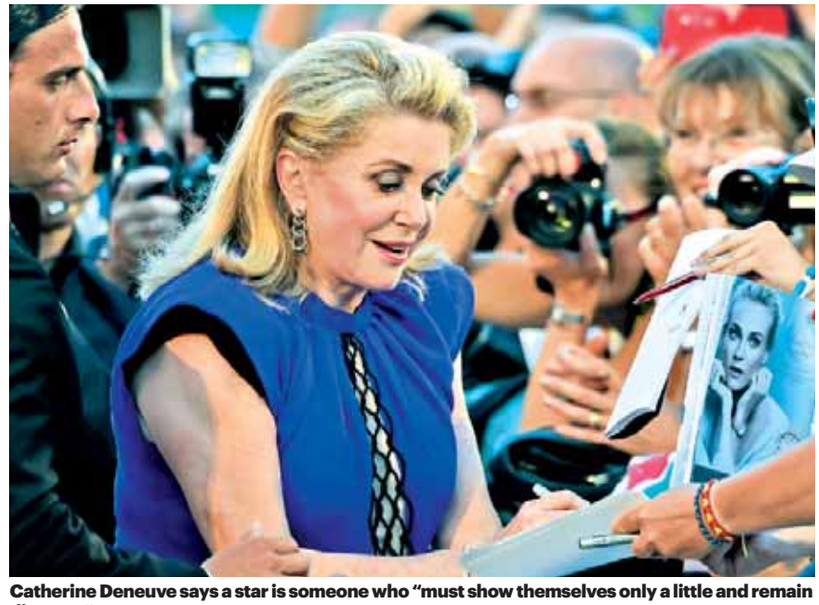
"We see a tremendous amount of people who are very famous, with millions of followers, and who have done absolutely nothing."

Deneuve said she had a very "limited" relationship with technology.

"It's wonderful to be able to take photos (with your cellphone) but I detest selfies, photographing yourself all the time … it makes everything banal," she told the newspaper.

"And this idea that we are looking at ourselves doing things, without actually experiencing them, is horrible."

In her latest movie Deneuve plays a children's magistrate working on the case of a troubled adolescent. AFP



Catherine Deneuve says a star is someone who "must show themselves only a little and remain discreet." GETTY IMAGES

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Nursing Week
Monday, May 11, 2015

Many options for nurses in Canada

CAREER OPPORTUNITIES

Roles available in various specialties

Jason Menard
For Metro

People who are looking for a career in diverse workplace environments and schedules that fit their specific needs or desires may find nursing to be an ideal pathway to a long and rewarding career.

"With over 300,000 practitioners throughout Canada, we represent the largest group of health-care providers in the nation," said Anne Sutherland Boal, the chief executive officer of the Canadian Nurses Association (CNA).

"In nursing you have the privilege of working with people throughout all life experiences."

In many ways, only your interests and your desire limit you.

"You can work through a whole host of specialties — oncology, children's health, surgical nursing, amongst others," Sutherland Boal said, adding that nurses play key roles in providing direct care, preventative care, and can also be found in research, teaching, and administrative fields.

Nurses also work in the private sector, but Sutherland Boal's organization is committed to the preservation and promotion of the public-care system.

In Canada, there are three main nursing professions: licensed practical nurses; registered nurses; and registered psychiatric nurses.

The CNA, formed in 1908, represents registered nurses, making it one of the oldest professional bodies in Canada. And, considering the importance and pervasiveness of nurses throughout the nation, it's easy to understand why.

"You can find nurses in every community and in every geography across Canada," Sutherland Boal said.

"You can find roles in hospitals, in communities, in long-term care centres, in First Nations, rural, and remote areas. And you can find full-time, part-time and casual work, evenings, nights, weekends.

"Essentially, you can choose a field that best suits your interests based on age, specialty, geography."

And as Canada's population ages, the need for home care is even more pronounced, with people expecting to obtain medical treatment closer to home.

Long-term care centres are an alternative workplace for nurses. SHUTTERSTOCK

Many nurses are coming into the profession as part of a transition to a second career, Sutherland Boal said.

And for those who leave the nursing profession to enter other fields, the skills and traits that led them into nursing serve them well in many other professions. Visit cna-aiic.ca.

HISTORY

Famous Canadian nurses
Here are just a few of Canada's notable nurses and key dates in Canadian nursing:

Jeanne Mance: The first lay nurse for New France, Mance founded the Hotel-Dieu Hospital in Montreal in 1645.

Georgina Fane Pope and Margaret Clothilde Macdonald: These nurses were the first women appointed as full-time military nurses in 1906.

However, the first nursing sisters to serve officially in the Canadian military were found in the North-west Rebellion of 1885, as volunteers who helped the wounded. Canadian nurses were also sent to support the efforts in South Africa during the Boer War.

Ishbel Maria Hamilton-Gordon, Marchioness of Aberdeen and Temair: Lady Aberdeen was the president of the National Council of Women and wife of the then-Governor General of Canada. In 1897 she founded the Victorian Order of Nurses.

The first formal nurse training program was established in 1874 at the General and Marine Hospital in St. Catharines, Ont.

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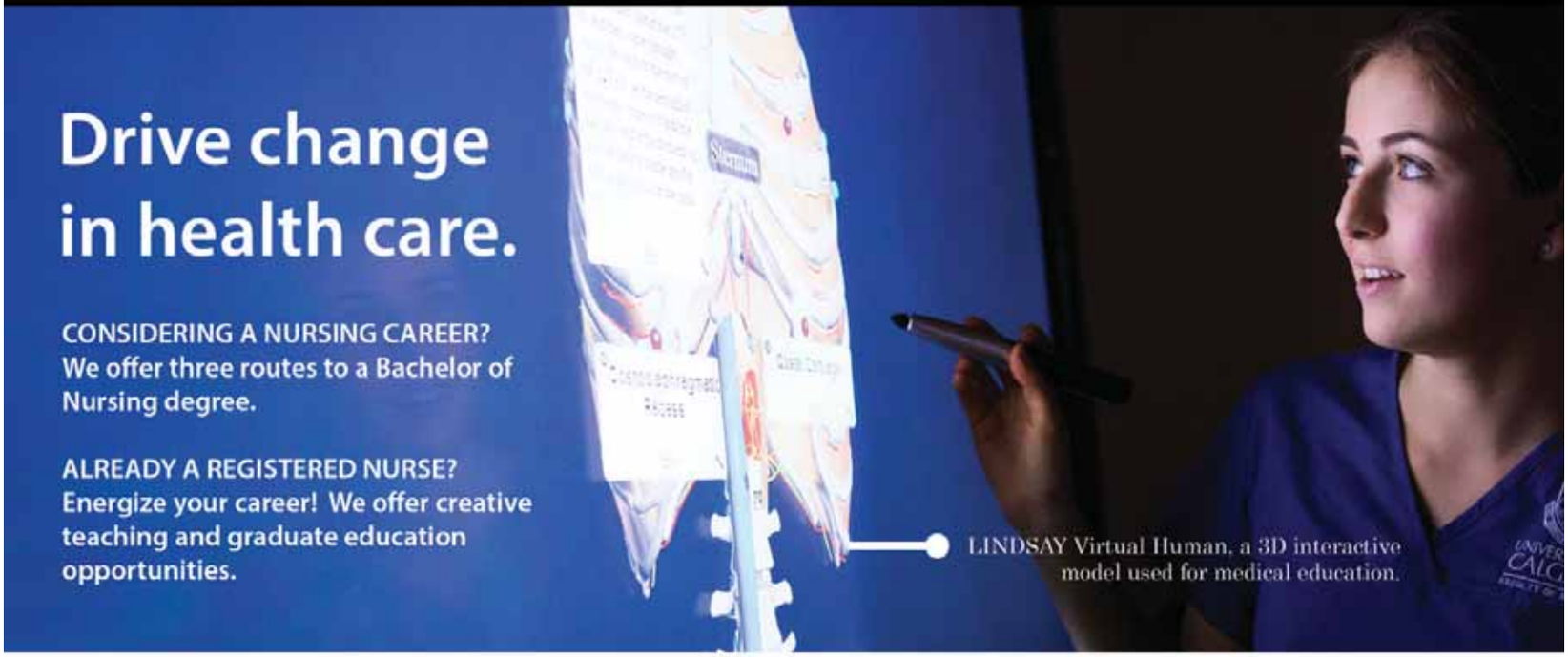

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Mount Royal University's neonatal extension certificate program draws nurses with a wide variety of experience. SHUTTERSTOCK

Alberta schools meeting demand

TAILORED PROGRAMS

Certifications available to upgrade existing skills

Jason Menard
For Metro

With an aging population and a greater emphasis on community health care, the role of nurses has never been more vital. And several Alberta schools are offering a wide variety of courses, programs, and certifications to help fill the various needs in the community.

Institutions like Mount Royal University's continuing education program, Bow Valley College, Columbia College, and the University of Calgary all offer nursing programs to help transition students into their field of choice.

With so many specialties and fields available, it's important to understand what's available. For example, Mount Royal University's continuing education program offers a neonatal nursing extension certificate program to help upgrade existing certified nurses' skill sets.

"This successful program has existed for over 35 years at Mount Royal," said Karen Lasby, a clinical nurse specialist, neonatal transitional program. "Student feedback is exceptional. And employers appreciate the impact of the neonatal certificate program on the nurse's neonatal practice.

"Several Canadian neonatal intensive care units (NICUs) have used this program as a strategy to increase nursing staff expertise or enhance retention by supporting their staff to take the online courses."

Bow Valley College offers a trio of practical nursing programs, designed to meet the needs and schedules of its students. In addition to the full-time practical nurse diploma program that can be completed in four semesters (16 months), Bow Valley also offers a part-time version, which is completed in eight semesters, and a diploma program for internationally educated nurses.

Columbia College prides itself on the quality of its program and the related success rate for the institution's practical nurse graduates as it relates to the Canadian licensed practical nurse registration examination.

Based on its 2014 data, all of its students passed the national examination (a requirement for all who wish to work as a licensed practical nurse in Canada) — a vastly superior number to the 77 per cent national average it reports on its program site.

A wide variety of people are drawn to nursing programs. With the neonatal program at Mount Royal University, there are three key demographics, Lasby said.

"First there are the 'testers' — these are students or RNs and LPNs, working in another field, who want to tryout this specialty to see if they are interested in it," she said. "Secondly, we have new neonatal RNs or LPNs. These nurses are looking to kick-start their neonatal nursing career.

"Thirdly, we have experienced neonatal RNs or LPNs in our courses. These nurses seek job enrichment or are contemplating an upward role transition to preceptor, instructor, transport team, neonatal nurse practitioner, team leader, or management."

National Nursing Week
May 11-17, 2015

Columbia College would like to recognize all of its Practical Nurse Graduates and Faculty during National Nursing Week.

"When you're a nurse you know that every day you will touch a life or a life will touch yours."
- Author Unknown

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Military nurse put her life on the line

ABROAD

Working overseas is an eye-opener

Jennifer Taplin
For Metro

You're working 24 hours a day, seven days a week. You don't worry about breaks or vacation — there isn't any. It's a whole different perspective.
Trauma nurse Dawn Henneberry

Nurses have a calling and sometimes it calls them around the world to help patients in need.

Trauma nurse Dawn Henneberry joined the military and was sent to Afghanistan twice — in 2008 and 2010.

"You're working 24 hours a day, seven days a week. You don't worry about breaks or vacation — there isn't any. It's a whole different perspective," said Henneberry who left the military and now works at Dartmouth General Hospital in Nova Scotia.

There was also the constant anxiety over personal safety and wondering if she'd make it home.

"I had three days left and there was a rocket attack ... It was really close; it banged into a cement wall beside us and we're on the ground and I'm saying 'holy mackerel what am I doing here?'"

One massive trauma is stuck in Henneberry's memory. A soldier was brought in who had stepped on an IED and lost three limbs. Medical teams were doing CPR on him in the parking lot.

"They put him on the stretcher and there was just sand, no blood or anything, just sand. I thought they were going to stop doing care, but they continued."

The soldier died. Henneberry said it hit hard because they lost this young man but hours earlier they saved a quadruple amputee that might have been a bad guy.

For Toronto nurse Tammy Calabrese it was always a career goal to travel overseas and help people. In 2007, she learned of a small volunteer organization called the Canada-Africa Community Health Alliance. In 2008, she travelled to the Kilema region of Tanzania to volunteer for two weeks.

"Each day we travelled to a different village and people would have lined up for hours to see someone," she said. "We'd assess their concerns, consult certain specialists there with us and treat what we could with the medical supplies and medications we brought with us."

Paul Bell and Dawn Henneberry with a service dog in Afghanistan. CONTRIBUTED

She quickly realized she was seeing many of the same complaints she saw back home: high blood pressure and acid reflux are very common. But she noted people lived with goiters and poorly healed fractures, instead of getting it taken care of right away like they would here. They were also very appreciative of the health care.

Most of the work was health maintenance but there were some urgent cases, Calabrese said.

"One particular case I recall was when a pediatrician and a nurse saved the life of a newborn baby who was severally dehydrated. If we hadn't shown up on that day, in that village, he likely wouldn't have survived."

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Flames snuffed out by Ducks

NHL PLAYOFFS

Calgary loses second-round series in five games

Corey Perry scored the winner 2:26 into overtime as the Anaheim Ducks eliminated the Calgary Flames with a 3-2 win in Game 5 on Sunday night.

Matt Beleskey and Ryan Kesler also scored for the Ducks, who advanced to the Western Conference final for the third time in franchise history and first since winning the Stanley Cup in 2007.

GAME 5 In Anaheim

3	2

The Ducks got a scare when Perry, who now leads the NHL with 15 points this post-season, was on the wrong end of a brutal-looking knee-on-knee hit from Matt Stajan late in the second period. Perry had to crawl to the bench, unable to put any weight on his right leg, but returned to the bench a few minutes later and received a huge ovation.

Perry earned bigger cheers when he put a Patrick Maroon rebound past Ramo as he was sprawled on the ice to end the game. The Ducks blistered Ramo throughout, and turned up the heat to start overtime, with seven shots in less than three minutes.

Frederik Andersen made 17 saves, while his Flames counterpart Karri Ramo turned away 44 of 47 shots.

The Ducks will have home-ice advantage in the next round against the Chicago Blackhawks, which bodes well for the Pacific Division champions. They are 5-0 at Honda Center, thanks in large part to their prowess on both the power play and penalty kill.

After conceding a power-play goal at home for the first time this post-season to open the scoring on Jiri Hudler's slapshot 10:43 into the first period, the Ducks responded by reclaiming the special teams edge.

Jakob Silfverberg found Kesler for a one-timer blast to capitalize on Joe Colborne's attempt to put Hampus Lindholm in a sleeper hold, tying the game at 1-1.

The Ducks have now converted on seven of 19 power plays this post-season, a staggering 36.8 percentage.

The Flames responded 56 seconds later to retake the lead. Johnny Gaudreau eventually capitalized on the Ducks' failure to clear the puck in their own zone, scoring his second goal of the series and fourth of the post-season.

Dennis Wideman added two assists for his second multi-point game of the post-season.

Beleskey set a new Ducks' post-season record with his fifth straight game with a goal when he redirected Francois Beauchemin's power-play shot 59 seconds into the third period to tie the game at 2-2.

THE CANADIAN PRESS

Ducks right-winger Corey Perry, left, celebrates his game-winning goal with Patrick Maroon during Game 5 against the Flames in Anaheim on Sunday night. CHRIS CARLSON/THE ASSOCIATED PRESS

IN D.C.

Rangers force Game 7 in series with Capitals

All of 40 seconds into Game 6, Chris Kreider scored for the New York Rangers. Did it again with all of 0.3 seconds left in the first period.

And after the Rangers nearly let all of a three-goal lead slip away late, Henrik Lundqvist helped them hang on.

Once so close to being out of the playoffs altogether, the Rangers are suddenly a Game 7 victory away from eliminating the Washington Capitals and returning to the Eastern Conference final.

Kreider got things started with his goals, Rick Nash put his first of the series into the net 54 seconds into the third period, and Dan Boyle tacked on a score that turned out to be vital, helping the Rangers hold on to edge the Capitals 4-3 on Sunday night and even the second-round series at 3-3.

After two days off, the teams will wrap things up Wednesday night at Madison Square Garden.

THE ASSOCIATED PRESS

Nathan MacKinnon scores a goal on Switzerland goalie Reto Berra in Prague on Sunday. JONATHAN NACKSTRAND/AFP/GETTY IMAGES

WORLD HOCKEY CHAMPIONSHIP

Canadian grinders find holes in Swiss

When coach Todd McLellan challenged Canada to play better at even strength, Sean Couturier and the fourth line answered the call.

Couturier had a goal and two assists as Canada remained undefeated at the world hockey championship with a 7-2 rout of Switzerland on Sunday.

Couturier and linemates Cody Eakin and Tyler Toffoli were a problem for the Swiss all game, causing turnovers and getting to loose pucks to create three even-strength goals.

TOP SEED

Canada (6-0-0) clinched first place in Group A with the win.

Sunday's win comes a day after Canada struggled to a 4-3 victory over France. McLellan suggested after the game that Canada could improve its 5-on-5 play.

"As a fourth line, when we get out there we try to keep it simple and create some momentum for the team by forechecking and getting to the puck first, winning battles and creating turnovers," Couturier said after being named Canada's player of the game. "Tonight we capitalized on some chances and hopefully we can build on that and carry that on for the next few games."

Eakin, Tyler Seguin, Nathan MacKinnon, Aaron Ekblad, Jordan Eberle and Claude Giroux also scored for Canada.

THE CANADIAN PRESS

Cavaliers forward LeBron James, left, is mobbed by teammates after scoring the game-winning basket against the Bulls in Game 4 of their second-round playoff series on Sunday in Chicago. NAM Y. HUH/THE ASSOCIATED PRESS

Last-gasp LeBron levels up the series

NBA PLAYOFFS

Cavs superstar plays by own rules to win game at buzzer

GAME 4 In Chicago

CAVALIERS	BULLS
86	84

LeBron James watched his coach draw up the final play — and then drew one up of his own. "Give me the ball and get out of the way," he said.

James overruled Cleveland coach David Blatt's idea for a last-second inbounds play and drained a jumper from the corner at the buzzer to give the Cavaliers an 86-84 victory over the Chicago Bulls on Sunday, evening the Eastern Conference semifinal series at 2-2.

During a stoppage the Cavs only got because the officials were reviewing a play, Blatt designed a play that had James taking the ball out. The four-time NBA MVP has been in enough pressure situations that he vetoed his coach.

"I was supposed to take the ball out," James said. "I told coach there was no way I'm taking the ball out unless I could shoot it over the backboard and go in. So I told him, 'Have somebody else take the ball out.' The play that was drawn up, I scratched it. I just told coach, 'Just give me the ball. We're either going to go into overtime or I'm going to win it for us.'"

James, playing the final quarter on a sprained left ankle, finished with 25 points to help the Cavaliers win in another wild finish, returning the favour after Chicago took Game 3 on Derrick Rose's 3-pointer at the horn.

This time, James got whistled for an offensive foul when he elbowed Mike Dunleavy Jr., and Rose scored on a driving layup with 9.4 seconds left. Blatt tried to call a timeout but didn't have one and assistant Tyronn Lue alertly pulled him off the court.

Then, following an animated break, James ended it with the 21-foot jumper over Jimmy Butler, setting off a wild celebration by Cleveland's players who pinned James to the scorer's table.

Game 5 of the best-of-seven series that's had about everything is Tuesday night in Cleveland. "There's nothing you can do about it," Rose said of James' contested jumper. "He hit a great shot. He's a hell of a player.

Kyrie Irving, playing with a sprained right foot, was 2 of 10 and had 12 points and two assists. Timofey Mozgov had 15 points and nine rebounds. Rose scored 31 points and Butler added 19.

Blatt had a rough final few minutes, nearly costing the Cavs by trying to call a timeout and then having James change his play call. "Players make mistakes, coaches make mistakes and we have to be able to cover for one another," James said. THE ASSOCIATED PRESS

Fowler conquers TPC Sawgrass

PLAYERS CHAMPIONSHIP

Californian forces haters to eat their words

Nothing was overrated about Rickie Fowler at The Players Championship.

Not the way he rallied from a five-shot deficit with the greatest finish in the 34-year history of the TPC Sawgrass.

Not the two tee shots he smashed down the daunting 18th fairway Sunday when a miss to the left or right spelled trouble. And certainly not the three tee shots — yes, three — he stuffed on the island-green 17th hole for birdie each time.

The last one made him a winner, the best answer to that anonymous player survey that he was an underachiever.

At a tournament that dresses up like a major, Fowler sure looked the part in beating the strongest field in golf.

"I'd say this was a pretty big one," Fowler said.

It certainly wasn't easy. Fowler's record-setting finish — birdie-eagle-birdie-birdie on the last four holes for a 5-under 67 — looked like a winner until Sergio Garcia and Kevin Kisner delivered big shots of their own.

In the first three-hole playoff at The Players, Kisner hit his tee shot on the par-3 17th to 10 feet and rolled in a breaking birdie putt to keep pace with Fowler, who had hit his tee shot to 6 feet and converted the birdie. Garcia, who in regulation made a 45-foot birdie to give him new life, failed to repeat the putt from about the same range in the playoff. All three players made par on the final hole, which eliminated Garcia.

Fowler and Kisner, who closed with a 69 and is now 0 for 102 in his PGA Tour career, headed back to the 17th hole for the third time. The great shots kept coming. Kisner barely cleared the mound and the ball settled 12 feet away. Fowler answered by taking on the right side of the green and sticking it just inside 5 feet.

Kisner finally missed.

Fowler never seemed to miss over the final two hours, and he calmly clutched his fist to celebrate his first PGA Tour victory in three years. THE ASSOCIATED PRESS

Rickie Fowler on Sunday in Ponte Vedra Beach, Fla.
SAM GREENWOOD/GETTY IMAGES

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MLB

Blue Jays' Dickey yet to find consistency

Blue Jays knuckleballer R.A. Dickey usually breaks down his campaign into a series of mini-seasons consisting of a few games each.

His current stretch has him looking for answers.

Dickey was burned by two home runs Sunday afternoon as Toronto dropped a 6-3 decision to the Boston Red Sox at Rogers Centre. He lasted six innings but did not record a strikeout for a second straight start.

His knuckleball wasn't fluttering and dancing like it usually does. Mike Napoli turned on one flat knuckler for a three-run shot in Boston's four-run first inning as the Red Sox avoided a three-game sweep.

Pablo Sandoval added a two-run shot in the fifth inning as Toronto (16-16) had its three-game winning streak come to an end. Dickey, who gave up six earned runs, seven hits and three walks, fell to 1-4 on the season.

"I'm frustrated, very frustrated," he said. "I'm tired of saying I'm one poor pitch from a good outing, every outing."

Dickey has gone at least six innings in all but one of his starts this season, but the knuckleball he counts on to get him out of jams has eluded him at times.

"This last three-game stretch has been a very odd one for me," he said. "Striking out four guys in three outings is very bizarre for me. So there's certainly some things I need to take away from that and try to get better."

He plans to spend some time with pitching coach Pete Walker to see if improvements can be made. Dickey's earned-run average rose from 4.38 to 5.00.

There were a few bright spots on the day for the Blue Jays, who went 4-2 on the six-game homestand. Chris Colabello had three of Toronto's eight hits and reliever Ryan Tepera pitched two shutout innings in his major-league debut. THE CANADIAN PRESS

R.A Dickey took his fourth loss of the season on Sunday.
TOM SZCZERBOWSKI/GETTY IMAGES

IN BRIEF

Hesjedal crashes in Stage 2

Elia Viviani timed his sprint to perfection to win the second stage of the Giro d'Italia on Sunday, while Michael Matthews moved into the overall lead on a day marred by several crashes.

Victoria's Ryder Hesjedal, who won the event in 2012, crashed and finished the stage in 46th place and was 70th overall, while Hugo Houle of Sainte-Perpetue, Que was 167th in Stage 2 and 162nd overall.
THE ASSOCIATED PRESS

Draw with Chelsea ends Reds' top four hopes

Liverpool's hopes of returning to the Champions League effectively ended with a 1-1 draw at Chelsea on Sunday in the London club's first match since securing the Premier League title.

The goals came from headers from both captains, with John Terry putting Chelsea in front after five minutes and Steven Gerrard levelling before half time.
THE ASSOCIATED PRESS

RECIPE Roasted Brussel Sprout Salad with Apricots and Toasted Almonds

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

Great summer salad. Feel free to add grilled chicken, steak or fish to make a complete meal.

Ready in
Prep time: 10 minutes
Cook time: 15 minutes
Serving size: 6

Ingredients
- 1½ lb trimmed Brussel sprouts, cut into quarters

Dressing
- 2 Tbsp olive oil
- 3 Tbsp orange juice
- 2 tsp Dijon mustard
- 1 tsp grated orange rind
- ½ tsp minced garlic
- Salt and pepper
- 10 dried apricots sliced thinly
- 1/3 cup toasted sliced almonds

Directions

1. Preheat oven to 425 F. Place quartered sprouts on baking sheet sprayed with vegetable oil. Roast for 15 minutes or just until tender and browned.

2. To make the dressing: combine oil, juice, mustard, rind, garlic, salt and pepper.

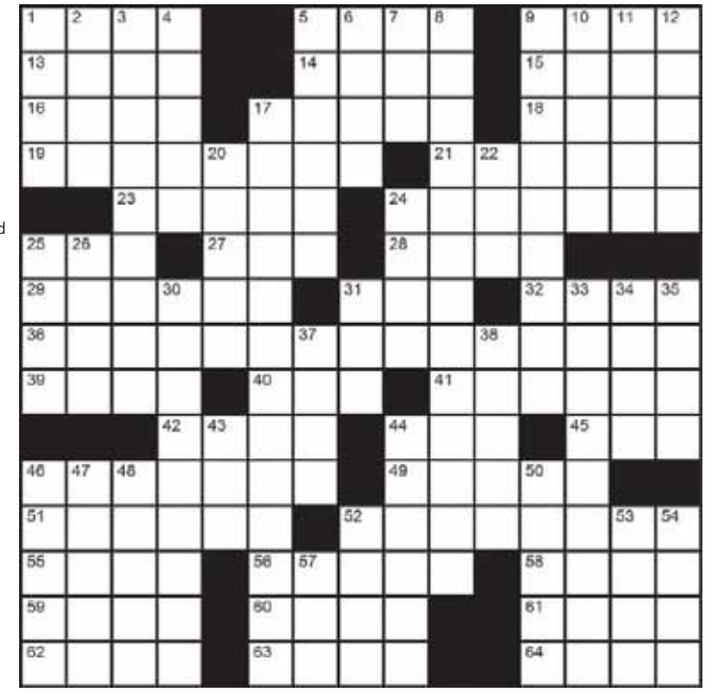
3. Place Brussel sprouts in serving dish, add sauce and apricots and garnish with toasted almonds.

Nutrition per serving
- Calories 169
- Protein 5.8g
- Carbohydrates 20.8g
- Fibre 6.6g
- Total fat 8.2g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Fido-created effects
5. "Begone, bug!"
9. Music key: letter + abbr.
13. Telegram
14. Pope name
15. Costa __
16. International oil gr.
17. __ acid
18. __ medio (Year and a half, in Spanish)
19. Round Table member
21. Bluegrass performer Ms. Krauss
23. :
24. __ Cut (Style of #3-Down by McCain)
25. "Yuck."
27. Hosp. areas
28. Give _ __ (Display friendly doggie behaviour)
29. Fine-tune
31. Before
32. Morns followers
36. Like a whale coming into the world via a pool rather than an ocean: 3 wds.
39. Singer Mr. Stone's
40. Former kitten
41. Ireland-set 2002 Pierce Brosnan movie
42. Particular
44. Mr. Levin
45. Real estate database, commonly
46. Saskatchewan village; or, Grant of "Eight Is Enough"
49. Cable news channel
51. Q. "What Sarah McLachlan song starts 'Spend all your time waiting...?" A. "'_', _ believe."
52. Navy ships formation
55. Prefix to 'metric' (Type of pressure)
56. WWII-era positioning system, commonly
58. Actress Jessica
59. Stead
60. Plunder
61. Sports org.
62. Once, poetically
63. Carlisle Cullen's wife in 'Twilight' movies
64. Those, in Spanish

DOWN
1. No-show stat.
2. Actress/host Kelly
3. New Brunswick town at #17-Down = '__ __ Capital of the World'
4. Fresco-__ (Painting technique)
5. Cereal utensils
6. To the __ (Fully)
7. Yes: French
8. Legendary Montreal-born jazz pianist/composer: 2 wds.
9. Instant insight/inspiration
10. Belarus' capital
11. Keep _ __ head (Remain calm)
12. Toronto-born actress Ms. Eastwood
17. __-Bristol (Global headquarters of McCain Foods Canada)
20. 1985 movie (co-starring John Malkovich) for Canadian actress Kate Nelligan
22. __ Fail (Irish coronation stone)
24. Fish type
25. City: Latin
26. Earth sci.
30. Bryan Adams song: 2 wds.
31. Butter portion
33. Silver screen scenes snippets: 2 wds.
34. Texter's sign-off, e.g.
35. Equivalent words [abbr.]
37. Arrived
38. "_ __ to suck your blood!" ...exclaimed the vampire
43. __ Aviv, Israel
44. Tardy one's self-observation: 2 wds.
46. Movie star Clark
47. Where an elated person dances: 2 wds.
48. Monsters
50. Church book
52. Gift tag word
53. Toy building block
54. Unfortunately
57. Sharon's hubby/Jack's dad ...his initials-sharers

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Do something today that takes the object of your affection by surprise. Think of the most romantic thing you could do, then do it and watch their passion ignite. And plan a trip away together for later in the week or next weekend.

Taurus April 21 - May 21
Mars leaves your birth sign tomorrow, so if there is anything that needs finishing you should knuckle down and get on with it now. Your efforts will not go unrecognized or unrewarded — the powers that be have been watching.

Gemini May 22 - June 21
You don't like to be suspicious but if someone offers you something for nothing today it will pay you to find out if they are up to something.

Cancer June 22 - July 23
If you do a good deed or make some kind of sacrifice for a friend or relative over the next 24 hours you are sure to receive a reward or compensation.

Leo July 24 - Aug. 23
You have been trying too hard to win friends and influence people and when you try too hard at anything it tends to have the opposite effect to what you desire. However, don't take that to mean you should not try at all.

Virgo Aug. 24 - Sept. 23
There is something you want to do but your instincts tell you it won't go down well with certain people. That's settled then: You are going to do it! You are in one of those moods when you enjoy causing a bit of chaos.

Libra Sept. 24 - Oct. 23
You may be tempted to own up to some kind of indiscretion, simply to get rid of the guilt feelings you have been carrying round, but is that such a good idea?

Scorpio Oct. 24 - Nov. 22
It's unlikely that you will be in a sociable mood today but that's okay because you have important things to think about and you will only do them justice if you cut yourself off from the world.

Sagittarius Nov. 23 - Dec. 21
You may not be your usual extrovert self today but even a Sagittarius needs to take things easy once in a while and according to the planets this is a great time to switch off and not worry too much about the world around you.

Capricorn Dec. 22 - Jan. 20
Something you do – or don't do – will shock those who see you as the one person who can always be depended on, but maybe that's the idea.

Aquarius Jan. 21 - Feb. 19
This is an excellent time for partnerships and affairs of the heart. Let those who mean something to you know how much you respect and care for them.

Pisces Feb. 20 - March 20
Others may not agree with what you intend to do today but that won't worry you in the slightest. Too often lately you have allowed others to control your behavior because you did not want to rock the boat. Now give it a really good shake!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	4			5	8	2	7
3			4		8			6
7			2					5
6			7					1
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